

# St Brendan's Primary School 1581

40 Golf Links Road, Lakes Entrance 3909  
Ph: 03-51552712 Fax 03-51554565

Website : [www.lakesent.catholic.edu.au](http://www.lakesent.catholic.edu.au)  
Email : [principal@lakesent.catholic.edu.au](mailto:principal@lakesent.catholic.edu.au)

Internet Banking : BSB 083 879 A/C 695096861  
Account Name : St Brendan's School

## Newsletter No 23

August 2, 2024



We would like to acknowledge the Traditional Custodians of the land on which we gather today, the Gunaikurnai people.  
We pay our respects to their elders past, present and emerging. We extend that respect to all people.  
We would especially like to acknowledge the land on which our school stands and ask everyone to show respect to the environment and all that it includes.



# SCHOLASTIC Book Fairs

## Monday 5th August until Wednesday 8th August 2024

- Students will preview the Book Fair items with their class
- Student will make **wish lists** and bring them home.
- Parents can then choose:

1. to come along to the Book Fair with your child
2. pay by Credit Card online and **write receipt number on the wish list** or print the receipt to pdf or take a screen shot with receipt number and email to [kwykes@lakesent.catholic.edu.au](mailto:kwykes@lakesent.catholic.edu.au). (Emails need student name, class , books wanted and receipt number). Your child brings to school the completed **wish list** to collect book (or a reorder is placed if stock is sold).

**Book Fair Wish List Prepayments**

If your child brings home a Book Fair Wish List and you want to pay for these selections by credit card in advance, please:

1. Go to [scholastic.com.au/payment](http://scholastic.com.au/payment)
2. Click 'Book Fairs'
3. Enter amount and pay
4. Record receipt number on back of Wish List
5. Your child then takes this payment record back to school, chooses books at the Fair and takes receipt number to cashier as payment.

We really benefit from holding the Book Fair as we replenish the library with new books from the commission we earn.

**(Payment by Cash, Credit and EFTPOS)**

Date	Time – Before School	Time – After School
Monday, 5th August	8.40am – 9.00am	3.00pm-3.30pm
Tuesday, 6th August	8.40am – 9.00am	3.00pm-3.30pm
Wednesday, 7th August	8.40am – 9.00am	3.00pm-3.30pm

**A Reminder: Students may only attend the Book Fair before or after school if they are with their parents or have the money to purchase items.**

- We will take photos of the book cases with as many prices as possible on covers and upload them to the PAM for your viewing.
- We can accept cash. Please send correct amount to school in an envelope clearly marked with child's name, class and books/items required.

Dear Families and Friends,

Well done to our **girls' soccer team** who made it all the way to the Regional Championships. They had a great day of competition in Sale on Wednesday, scoring a couple of goals in the final game and coming home with new experiences.

We are embracing the **Olympic spirit at St Brendan's**. A few classes are running Spud Olympics where the common spud is used to inspire creativity in students' imagination. I have also seen mini-Olympics lessons where students are measuring how far they can shoot put a bonbon, javelin a straw and throw a discus paper plate. Plenty of fun and learning combined. Well done, teachers!

### Everyday mindfulness- <https://raisingchildren.net.au>

You can use everyday moments to build and practise everyday mindfulness. The more you practise, the more benefit you'll get. You can also **encourage your child to build mindfulness**. In many ways, this is simply about getting your child to do what they naturally do. Young children are naturally mindful because every new experience is fresh and exciting for them. Older children and teenagers can learn mindfulness.



There are many ways to help your child build and practise mindfulness. For example:

- Colouring in is a great way to get your child focused on a task.
  - Walking through nature with the family can get your child interested in exploring the beauty of nature. Your child could collect and examine autumn leaves or feel the sand beneath their toes during a walk on the beach.
  - Taking photographs or drawing something interesting or beautiful – like a seashell or an insect – encourages your child to look closely at details.
  - Looking after a vegetable patch encourages your child to notice how plants grow.
- Listening to music and focusing on the instruments or lyrics is a great way for your child to focus on the present without distraction.

**Bishop Greg** will visit our parish next week meeting with different groups within our community. He will be conducting Mass with Fr Hiep on Friday, 9 August at 9.10am for our Mary MacKillop Feast Day Mass and then again on Sunday at 9.00am. Please come along and join us.

Our staff have used Thursday and Friday of this week as a **professional learning opportunity**. The concepts covered are provided to you below. We do not often get the chance to work together for a couple of days, so every moment will be valued.

**Numeracy:** Accelerating the progression for all students in mathematics

**Literacy:** To efficiently plan collaboratively and enact student learning based on knowledge of curricula and evidence-based student data

**Whole School Approach to Positive Behaviour Support:** School-wide expectations and learning adjustments

**Religious Education:** Spiritual rest and renewal / community-building, support of each other / Indigenous spirituality

Thank you for the opportunity for us to participate in this learning together. Have a great weekend.

Kind Regards,

Matthew Hamer

Dates for the Calendar		
<b>Term 3</b>	<b>AUGUST 2024</b>	
<b>Week 4</b>	Monday 5th	SCHOLASTIC  <b>Book Fairs</b> 1.45pm Foundation Spud Olympics
	Tuesday 6th	SCHOLASTIC  <b>Book Fairs</b> 9.10am - Australian Maths Competition Year 3 –6
	Wednesday 7th	SCHOLASTIC  <b>Book Fairs</b> <b>LAST DAY</b> 10.00am - 2.30pm District Athletics at Howitt Park 
	Thursday 8th	3.30pm Confirmation parent/child workshop
	Friday 9th	9.10am Whole school Mass for St Mary MacKillop 
<b>Week 5</b>	Tuesday 13th	9.10am Class Prayer Year 2
	Friday 16th	Year 2 Buchan Caves Excursion 9.10am Class Mass Year 3 Blue & Year 3/4 Red 2.30pm Assembly: Year 5 Blue
<b>Week 6</b>	Monday 19th	<b>BOOK WEEK PARADE</b>
	Tuesday 20th	9.10am Class Mass Foundation BOOK WEEK - 2nd hand Book Shop
	Friday 23rd	6.00pm Confirmation 9.45am Nursing Home visits Calvary Year 6R/Opal Year 6B
<b>Week 7</b>	Tuesday 27th	9.10am Class Prayer Year 1 Father's Day Stall
	Wednesday 28th	Father's Day Stall
	Friday 30th	<b>Father's Day Breakfast</b> 9.45am Nursing Home visits Calvary Year 3B/Opal Year 3/4R

Please keep the Bulmer families in your prayers on the recent loss of a loved one.

*Our thoughts and prayers are with you all.*

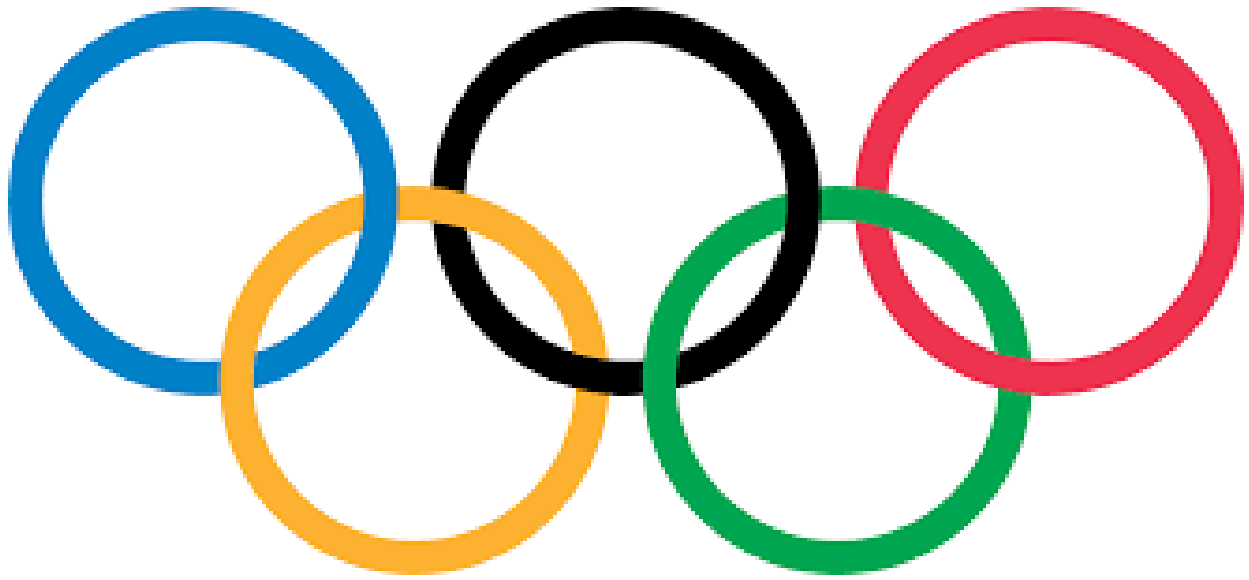


## St Brendan's & St Colman's Catholic Church - Mass Times

<b>Fri 2nd Aug</b>	<b>St Brendan's</b>	<b>Lakes Entrance</b>	<b>9.30am</b>
<b>Sat 3rd Aug</b>	<b>St Brendan's</b>	<b>Lakes Entrance</b>	<b>9.30am</b>
	<b>St Joseph's</b>	<b>Swan Reach</b>	<b>5.00pm</b>
<b>Sun 4th Aug</b>	<b>St Brendan's</b>	<b>Lakes Entrance</b>	<b>9.00am</b>
	<b>St Colman's</b>	<b>Orbost</b>	<b>11.00am</b>
<b>Tues 5th Aug</b>	<b>St Brendan's</b>	<b>Lakes Entrance</b>	<b>9.30am</b>
<b>Wed 6th Aug</b>	<b>St Colman's</b>	<b>no Mass</b>	
<b>Thurs 8th Aug</b>	<b>St Colman's</b>	<b>Orbost</b>	<b>9.30am</b>
<b>Fri 9th Aug</b>	<b>St Brendan's</b>	<b>Whole school Mass all parishioners welcome</b>	<b>9.10am</b>
<b>Sat 10th Aug</b>	<b>St Brendan's</b>	<b>Lakes Entrance</b>	<b>9.30am</b>
	<b>St Joseph's</b>	<b>Swan Reach</b>	<b>5.00pm</b>
<b>Sun 11th Aug</b>	<b>St Brendan's</b>	<b>Lakes Entrance</b>	<b>9.00am</b>
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# Year 3B & 3/4R MATHS OLYMPICS



We did Math Olympics every day this week - Georgia

Our theme in maths was the olympics and we did lots of small activities to help us measure and for fun. - Jack

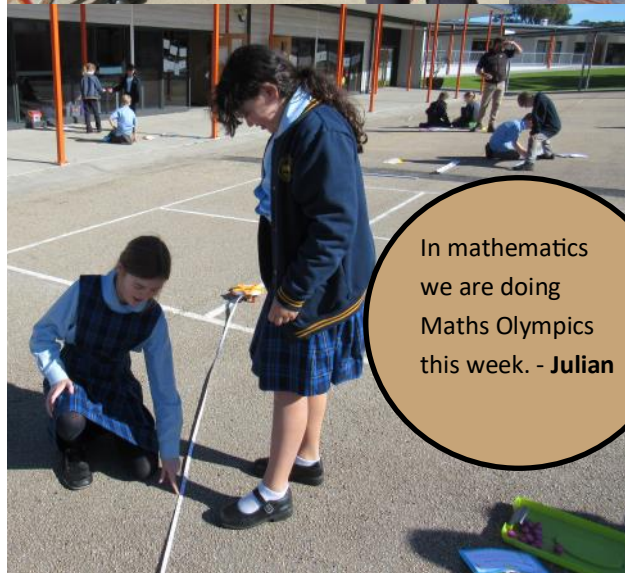




We are doing a classroom Olympics and doing activities like paper plate discuss - Madi



We are using weights and measures - Summer



In mathematics we are doing Maths Olympics this week. - Julian







We are doing math stuff based on the Olympics - **Angus**



We did Maths Olympics activities like the sponge squeeze - **Billie**

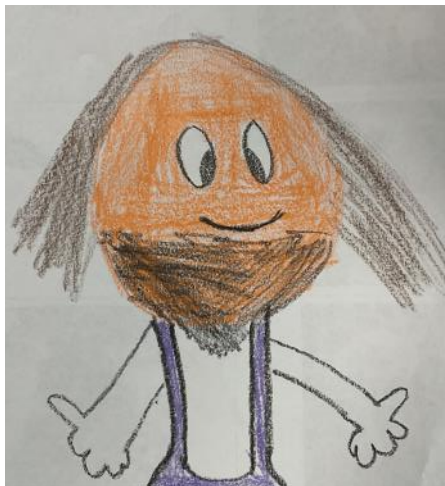


We are doing Olympic Games Maths - **William**



# Year One News

There is only one correct way to picture God! Is there? This is the big statement Year One will be exploring this term in Religious Education. To get started, the children reflected how they currently picture God. Here are some responses.



The majority of the responses showed that the children see God as male, older and often with a beard!

Next the children had to say if they agree with our big statement and why.

Most agree at this stage. Here is what some of the children said;

I agree because there is only one way God looks. Emmy

I agree because I have seen a picture. Sadie

I kind of agree because what if nobody knows, but you can make it up. Shana

I disagree because I have seen different pictures. Kirous

We have now started looking at how different artists, musicians, architects, races and religions see God. It will be interesting to see how the children's perceptions change by the end of the term. Here are some of their updated responses after reading a story that describes different images of God from the Bible.

### God as a lighthouse / beacon by Taj and Zane

Saviour God helps us from crashes. You guide the boats through the night. They help people to drive in the night. You help the boats get through the entrance. The light guides us on the ocean safely through the night. Amen



### God as fire

Fire gives us strength to do lots. Fire cleans the dryness. Fire cleans the air so we can breath. Fire can light up the night sky and warm you up. Fire can make stars. It is light.

### God as light

God is light that is always shining above us all day and God is sun.





## A SPECIAL REPORT: Eating Anxiety

The complexity of eating anxiety stems from a combination of social, psychological, and environmental factors. Young people may develop this anxiety due to social pressures related to eating in front of others, fears about body image, or due to more ingrained issues such as eating disorders. Additionally, cultural norms or dietary restrictions can also play significant roles, as can direct experiences like bullying or teasing related to food choices or eating habits.

Whilst not a formally recognised condition, eating anxiety is a genuine and often overwhelming experience that can significantly hinder a young person's ability to participate in everyday activities comfortably. This condition can lead to serious nutritional deficiencies and social withdrawal, impacting overall health and academic performance.

Recognising and addressing eating anxiety is crucial for parents, carer, and educators. Through education, policy changes, and community support, we can help young people manage their anxieties and improve their relationship with food, thereby enhancing their overall well-being and social interactions.

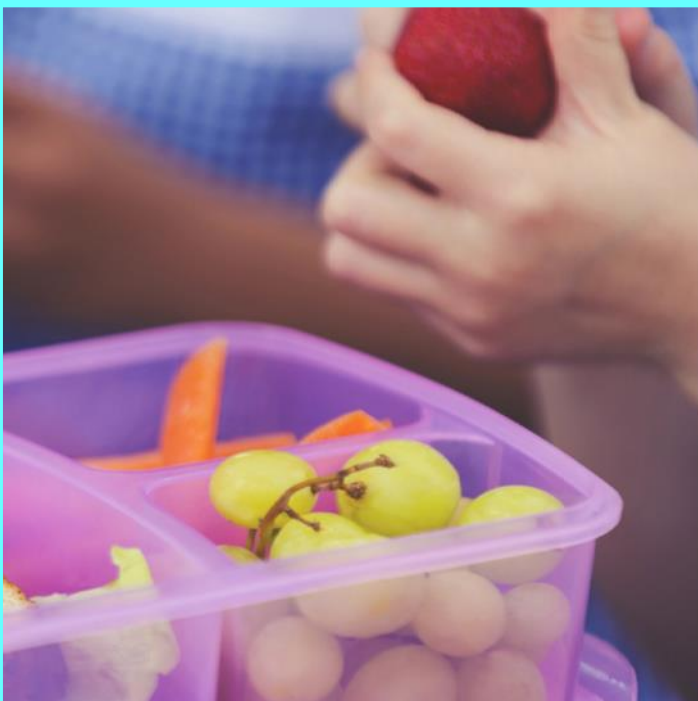
This Special Report will help you understand how best to support a child experiencing anxiety around eating.

We hope you take time to reflect on the information offered in this Special Report, and as always, we welcome your feedback.

**If you do have any concerns about the wellbeing of your child, please contact the school for further information or seek medical or professional help.**

Here is the link to your special report:

[https://lakesent.catholic.schooltv.me/wellbeing\\_news/special-report-eating-anxiety-au](https://lakesent.catholic.schooltv.me/wellbeing_news/special-report-eating-anxiety-au)



SPECIAL REPORT

# Eating Anxiety



# PERTUSSIS (Whooping cough)



## WHAT IS PERTUSSIS?

Pertussis - also known as whooping cough - is a highly contagious disease caused by the bacterium *Bordetella pertussis*. Whooping cough is spread by coughing and sneezing. It can be a life-threatening infection in babies, especially those under six months of age. Older children and adults who have not received whooping cough vaccination are at risk of infection and often the source of infection in babies. Whooping cough has a characteristic cough, which is followed by a 'whooping' sound. Immunisation is the best way to reduce the risk of whooping cough.

## WHAT ARE THE SYMPTOMS OF PERTUSSIS?

- Usually begins with cold like symptoms including a blocked or runny nose, tiredness, mild fever, and cough.
- The cough gets worse and uncontrollable coughing episodes can develop. These coughing episodes can be followed by vomiting, choking, or taking a big gasping breath which causes a "whooping" sound. The cough may last up to 3 months even after antibiotic treatment is complete and the person is no longer infectious. The cough can be worse at night.
- Some newborns may not cough at all, but they can stop breathing and turn blue. Some babies have difficulties feeding and can choke or gag.
- Older children and adults may just have a cough that lasts for many weeks. They may not have the whoop.

## HOW IS PERTUSSIS SPREAD?

Pertussis is spread when an infected person coughs or sneezes and the bacteria are spread via airborne droplets that other people breathe in. You can also become infected through direct contact with discharges from the nose or throat of an infected person. The time from infection to appearance of symptoms (incubation period) is between six and 20 days.

You are more likely to get pertussis if you are in close contact with someone who has the disease. Pertussis often spreads among family members, in schools and in other situations where there is very close contact between people.

## WHEN IS PERTUSSIS CONTAGIOUS?

- Pertussis is contagious in the early stage before the coughing spells develop, and for 3 weeks or 21 days after the cough begins or until they have had 5 days of a 10-day course of antibiotics.
- Children with pertussis should not attend school or childcare until 5 days after the start of antibiotic treatment.

Gippsland Region Public Health Unit  
10 Village Avenue, Traralgon West, Victoria, 3844  
PO Box 424, Traralgon, Victoria, 3844  
P: 03 5173 5451  
E: [grphu@lrh.com.au](mailto:grphu@lrh.com.au)

# PERTUSSIS (Whooping cough)



## WHO IS MOST AT RISK OF GETTING PERTUSSIS?

- Babies under 6 months old because they are not fully vaccinated yet — this risk period is longer if the six-month vaccines are not given on time
- People who have not been vaccinated against pertussis
- People who have not received a pertussis booster vaccine in the past 10 years
- People living in the same house as someone with pertussis
- Pregnant women who become ill with pertussis in their 3rd trimester (particularly during the last 3 weeks of pregnancy) are at risk of passing the illness onto their baby after it is born.

## WHAT HAPPENS IF I CATCH PERTUSSIS?

Pertussis spreads very easily so people with the disease are required to stay home to reduce the risk of passing it on to others. People are required to stay home for up to 3 weeks from when their coughing started. If they take antibiotic treatments this time can reduce to around 5 days.

Staying home means you need to stay away from other people while you are contagious. You should avoid places such as childcare centres, health services, school, work or anywhere you could risk passing on the disease to others.

If you have pertussis, you can reduce the risk of passing on the disease while you are contagious by:

- Staying away from others, including people you live with where possible
- Wearing a face mask when around other people or indoors
- Coughing into your elbow and sneezing into a tissue
- Seeing your GP to promptly start a course of antibiotics
- Regularly washing your hands if there are people in your household at higher risk of becoming very unwell from whooping cough, then everyone you live may be provided with antibiotics.

## HOW CAN I AVOID GETTING PERTUSSIS?

Immunisation is the best way to prevent pertussis. Pertussis vaccine is recommended for all babies at six weeks, four months, six months, 18 months and at four years. An adult pertussis booster dose is then given at 12–13 years (in Year 7 at secondary school).

All babies less than six months old are at risk of catching pertussis because they have not completed the three-dose primary vaccine course.

Protection against pertussis can last for up to 10 years after a booster dose. A booster dose of adult pertussis vaccine is recommended for all parents of newborns. Grandparents and other carers in contact with children who are less than six months old should also have an adult pertussis booster, even if they have been infected with it in the past. The vaccine takes about 2 weeks for immunity to develop after vaccination.

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# PERTUSSIS (Whooping cough)



Pregnant women are recommended to have a pertussis vaccine to protect their baby from developing whooping cough in the first few weeks of life. Vaccination is recommended in the third trimester (at 28 to 32 weeks).

All parents should check their child's immunisations are up to date and ask their GP to catch up on any missed doses.

## IS THE PERTUSSIS VACCINE FREE?

In Victoria, immunisation against pertussis is free for:

- Children at 2 (from 6 weeks), 4 and 6 months of age – in the form of a diphtheria, tetanus, pertussis, hepatitis B, polio, and Haemophilus influenzae type b (Hib) vaccine (six-in-one vaccine)
- Children at 18 months of age – in the form of a diphtheria, tetanus, and pertussis vaccine (three-in-one vaccine)
- Children at 4 years of age – in the form of a diphtheria, tetanus, pertussis and polio vaccine (four-in-one vaccine)
- Adolescents in Year 7 at secondary school (or age equivalent) – adolescents receive a booster dose of diphtheria, tetanus, and pertussis vaccine (three-in-one vaccine). The dose can also be given by a doctor or at a council community immunisation session
- Pregnant women from 20 weeks gestation – during every pregnancy, from 20 weeks gestation, pregnant women receive a dose of diphtheria, tetanus, and pertussis vaccine (three-in-one vaccine).

Free catch-up immunisations are also available in Victoria for people who have not been fully vaccinated, including:

- All people aged up to 19 years;
- Refugees and other humanitarian entrants aged 20 years and over; and
- Others who may be at risk of severe disease if infected with pertussis.

If you are not sure whether you are eligible for immunisation against pertussis that is free of charge, ask your vaccination provider. You can find local immunisation services provided by your local council here: <https://portal.cirv.vic.gov.au/communityvaccinationappointment>

## WHAT WILL HAPPEN IF I GET PERTUSSIS? / WHAT IS THE PUBLIC HEALTH RESPONSE?

Pertussis is a notifiable condition in Victoria. The Gippsland Region Public Health Unit will be notified of cases within the Gippsland region and all information is confidential. Gippsland Region Public Health Unit is part of the Victorian Public Health Network and uses local knowledge, community-based relationships and direct engagement to effectively tailor and deliver public health initiatives and respond to incidents and issues within the Gippsland area.

[Whooping cough – Better Health Channel](#)

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# Do you qualify for free home internet?



Our helpful team can check for you. Scan the QR code or call **1800 954 610** for more information.

## Get back to school ready with the School Student Broadband Initiative

Children who can access online learning at home as part of their education are more likely to engage in classroom activities.

With broadband internet access your family will be able to access fast internet at home, which supports children to build their digital skills, learn how to safely use the internet and participate in a world that is more dependent on digital technology.

There is still time to sign up for the School Student Broadband Initiative (SSBI):

- For any families signing up now, this offer means free internet until 31 December 2025.
- For families who have already connected with SSBI, their free internet will automatically be rolled over until 31 December 2025.

Check your eligibility for free **nbn** broadband until the end of 2025 now:

Contact the National Referral Centre on **1800 954 610** (Mon – Fri, 10am – 6pm AEDT) or visit [anglicarevic.org.au/student-internet](http://anglicarevic.org.au/student-internet)

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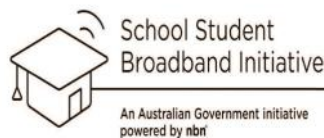
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**Collecting Students from School Grounds – Child Safety** As you would understand, child safety is the number one priority for schools. As circumstances evolve, we want to ensure we have the best possible practice in place. Please note the following requirements for collecting students at the end of the day.

**Collecting from the church gate – (New arrangements)**

Students in years Foundation, One and Two will remain with their class teacher at the end of the day just outside their classroom. The church gates will be open at 3.15pm, at which time parents are required to enter the school grounds to collect their children from the class teachers. This action is in place to avoid situations where students leave the school grounds and run into the church gate car park area without an adult being present.

**Collecting from the administration office**

Please enter the gates and collect your child from the junior classroom area or your child from years Three to Six may meet you just inside the gates. Students are not to leave the grounds and cross the car park area without an adult walking with them.

If dropping students off in the morning, you must also walk them into school. Please do not use the disabled parking bay without permission to do so.

**Collecting from car line**

Typically, St Brendan's staff are there to organize students into cars at the end of the day. If you wish to park and collect your child, please use the crosswalk and an adult must walk with their child/ren. Drop off at the beginning of the day should take place at the bus stop area.

Thank you for your assistance in this matter.

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Just a reminder that all students should now be in Full Winter Uniform.

Girls - Winter tunic or skirts or navy 'Midford' pants. Navy tights.

Boys - Long pants

Track pants on sports days at the start of the day. Shorts can be worn underneath.

Student should bring a jumper to school everyday - don't forget to label your uniform!

St Brendan's Op Shop has second hand school uniform available.

**St Brendan's School uniform available \$3.00 per item unless otherwise marked.**

Open 10am-3pm Tuesday, Wednesday & Thursday.





SCHOOL  
UNIFORM



St Brendan's School Uniform can be ordered online!

Link to website for St Brendan's Uniform below:

<https://nicksbairnsdale.com.au/product-category/schoolwear/st-brendans-uniform/>

93 Main Street Bairnsdale Victoria 3875

Phone (03) 5152 1333



Keeps everyone in the learning loop



## LIBRARY BAGS

It is a school requirement that **all students** have a library bag to take home their readers/books.

We have library bags for sale in the office for \$8.00 each. If you can't get to the school office, you may contact the office to have the cost added to your school fees and the bag supplied to your child.



## Uniform Reminders

**JEWELLERY** is restricted to the following - a wrist watch, no more than **one** small matching pair of studs or sleepers in the ear lobe - gold, silver or gemstone, a religious medallion on a chain to be worn under clothing.

**Fashion jewellery, make-up and nail polish are not permitted.**

**HAIR** is to be kept neat and tidy at all times. Hair longer than collar length, must be **tied back completely**. This is to help restrict the spread of nits and lice and for student safety. Headband, hair ties, ribbons, scrunchies and clips must be **blue, black or brown**.

It is not appropriate for children to come to school with dyed or inappropriate hair styles as deemed by the Principal.

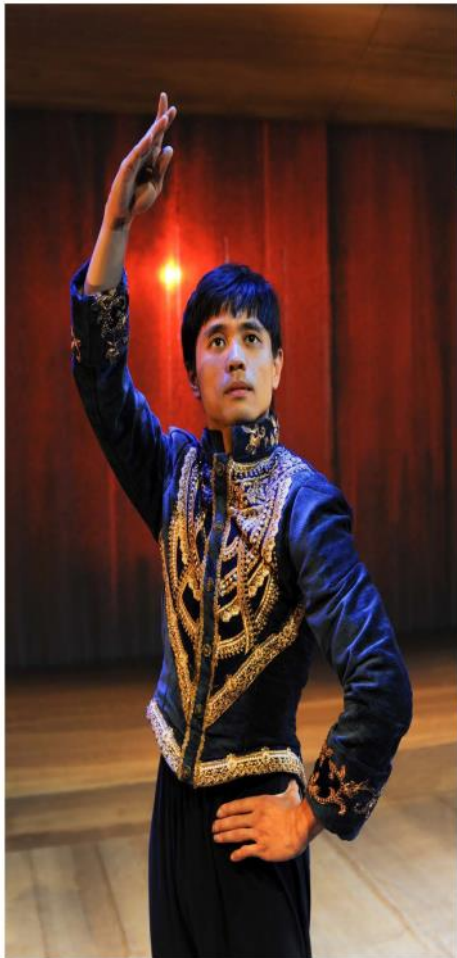


## REMINDER: NO SMART WATCHES AND DEVICES AT SCHOOL

Smart watches that allow communication via SMS, email or phone call cannot be worn at school with the same rules applying as with a mobile phone.



At St Brendan's students may only bring mobile phones/devices/ SMART Watches to school if there is a need for them to contact their parents either before arriving at school or in the afternoon after leaving school. Upon arrival at school the phone/ device/ SMART Watch is to be checked in at the school office where it will be turned off and kept securely for the day. It is the child's responsibility to collect the phone/ device/ SMART Watch at the end of the day. Parents with an urgent need to be in contact with their child during the day should contact the school office and appropriate steps will be taken to pass on the message.



## THE PEASANT PRINCE

LIVE AT THE FORGE THEATRE!!  
Thursday 22<sup>nd</sup> August, 6.00pm

The children's version of Li Cunxin's iconic autobiography, *Mao's Last Dancer*, *The Peasant Prince* is an extraordinary production of a remarkable story - of a peasant boy turned dance giant. It will inspire and enthral young audiences.

*The Peasant Prince* tells the remarkable true story of a 10-year-old peasant boy's journey from impoverished rural China to the international dance scene. This is a story of courage, resilience and unwavering hope.

Audiences will be captivated by this very personal story, truly a 20<sup>th</sup> century fairytale.

Click on the link below to book your seat -

<https://www.trybooking.com/CLVCL>

*Please note that the production contains themes of racism and simulated violence  
Suitable for audiences 7-12 yrs*

The Forge  
Presents.....

## THE LIBRARIAN

Friday 13<sup>th</sup> September  
6.00pm

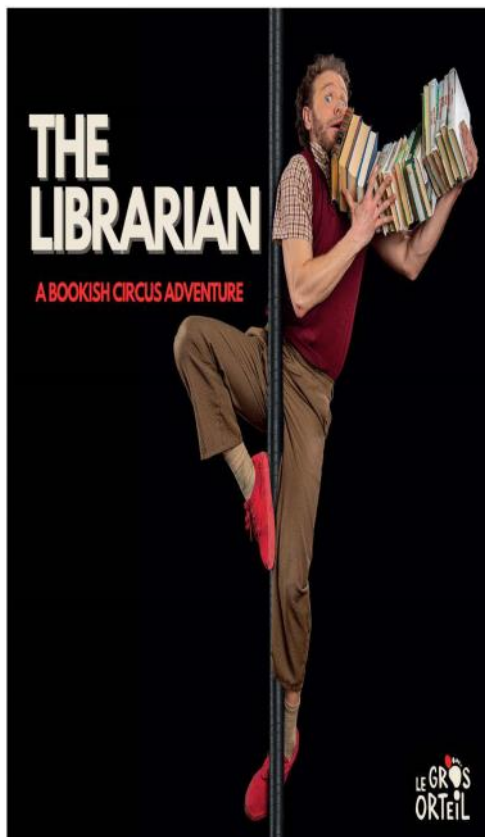
At first glance, Paul-Emile Dumoulin seems like just a regular librarian. He is serious, proud and very orderly. Every book is in its place on his impeccable shelves. The only problem? As soon as Paul-Emile gets his nose in a book, reality disappears, giving way to the slightly crazy worlds he discovers between the pages.

On his adventures, the very sensible librarian suddenly turns into strange and silly characters who perform acrobatics, balancing, juggling, break dancing and beatboxing.

This show blends clowning, physical theatre and the circus arts. It invites young audiences to discover the passion of reading and the power of the imagination.

Suitable for ages 5-12, click on the link below to book: -

<https://www.trybooking.com/CNITO>



As an Adult do you want to know more about the Catholic faith? Do you sense that something is missing in your life but you're not sure what? Are you searching for a relationship with God? Perhaps you attended a Catholic school but haven't practiced your faith. Do you want to understand more about the Catholic way of life 'why we do - what we do' now that your child is attending a Catholic School & Mass? Or are you interested in becoming a Catholic but don't know what is involved? You will be most welcome and there is definitely no pressure.

If so, then you are invited to 'Come and See'.

### When:

Wednesday 7th August @ 5pm in the Church Hall (usually in the hobby room depending on availability)

### Duration:

Initially of 7 weeks duration and approx 75-90 minutes per session. Light refreshments supplied.

### Cost:

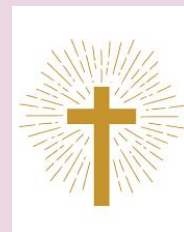
Free as all costs absorbed by the Parish.

Guest speakers selected from our Parishioners will also be involved.

For more information or to register: Contact Fr Hiep, or the Parish office on 0468 840

349 [stbrendan@bigpond.com](mailto:stbrendan@bigpond.com) or Joan Micah 0431 438

034 [joanemicah@gmail.com](mailto:joanemicah@gmail.com)





**come find your awesome**

**LAKES ENTRANCE PS**  
**TERM 3 AUSKICK**  
 Lakes Entrance PS  
 Wednesdays 3:30pm  
 Starting August 7th

**nab AFL Auskick** [play.afl/auskick](http://play.afl/auskick)

**ISSUE 5 OUT NOW!**

**FREE BOOK OFFER!**

**SCHOLASTIC Book Club**

*Providing Value to Families*

**Book Club**

**ORDERS ARE DUE**  
**Monday**  
**5th August**

**SCHOLASTIC Book Club**

**BOOK WEEK - Monday 19th August - Friday 23rd August**

# Second Hand Book Shop

We are having a second hand book stall as one of our book week activities.

**If you have any preloved books that you are willing to part with, please send them along to school before the 16th August.**

All students will have the opportunity to visit the book shop and bring home a preloved book of their choice.

picture books  
 junior fiction  
 senior fiction  
 non-fiction.



Thanks for buying  
books from



# Book Clubs

they help build our  
classroom resources



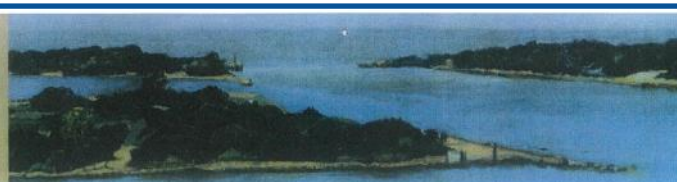
GIRL GUIDES  
AUSTRALIA  
VICTORIA

Are you a woman over the age of 18? Would you like to have an amazing impact on the lives of young girls, helping them to develop confidence, self-reliance, learn team building and leadership skills, and have loads of fun in the process? Did you answer 'yes' to both questions? Then Lakes Entrance Girl Guides needs you.

The group meets every Monday of the school term at the Lake Tyers Beach Angling Club (opposite Toorloo Arm Primary School) and is seeking someone to support the leaders as they facilitate a diverse weekly program based on the ideas of the girls.

You do not need to have a daughter enrolled in the unit to help out. In fact, if you're a mum of boys it's a great opportunity to hang out with girls for a change! The Guides have loads of laughs at their weekly meetings. Why not join in the fun?

Contact Sue on 0427 281 445 for more details and see how you can become involved.



## Friends of the Library Lakes Entrance Book Review Competition

Friends of the Library Lakes Entrance  
invite

**Primary school students (grades 1-6)**

**Secondary students (years 7-12)**

to

- borrow a book from the Lakes Entrance Library,
- collect an entry form and
- write a short review and
- return the book and review to the Library

All reviews will go into the monthly draw for a gift \$20 voucher for "[Lakes Books and Games](#)" store and be displayed in the Library.

### ST BRENDAN'S STUDENT LUNCH ORDER

#### SUSHI ROLLS

Salmon & Avo	\$4
Avocado	\$4
Cucumber	\$4
Tempura Vege	\$4
Teriyaki Chicken	\$4
Chicken Katsu	\$4
Panko Prawn	\$4
Tuna & Avo	\$4

#### SALADS & BOWLS

Salmon Poke Bowl	\$12.5
Tofu & Vege Poke Bowl	\$10
Vege Soba Noodle Salad	\$10

#### DRINKS

Lightly Sparkling Mineral Water	\$3
Lime, Raspberry, Watermelon, Mango,	



#### HOT FOOD

Honey Chicken + Fried Rice	\$10
Teriyaki Chicken + Fried Rice	\$10
Chicken Oyster Stir fry + Fried rice	\$10

#### RICE PAPER ROLLS (2 roll + sauce)

Tofu	\$9
Lemongrass Chicken	\$9
Pork	\$9
Prawn	\$9
Pork & Prawn	\$9

# Lunch Order



## ST BRENDANS AFTER SCHOOL - SCHOOL OF ROCK & PRIVATE AFTER SCHOOL GUITAR LESSONS

After School Of Rock Program  
Tuesdays & Wednesdays 3:30pm - 4:30pm  
\$10 per week

- 15 minutes of Rock and Roll History/knowledge of the bands we're learning.
- 15 minutes of group bucket drumming (to learn rhythm the fun way!)
- 30 minutes of Group Guitar lessons.
- Each week comes with a video lesson summary to access from home.
- More online lessons for the keen ones to learn as much as they want.

After School Private Guitar Lessons  
Tuesdays & Wednesdays 4:45pm - 7:45pm  
1:1 - \$30 per 30 minute lesson  
OR share the lesson with a mate  
2:1 - \$15 per mate 30 minute lesson

- Lessons with the number one aim to make you LOVE guitar, prioritizing lessons for St. Brendans kids, siblings, parents and community.
- Learning songs YOU LOVE with a modern hands on approach to the key techniques and components of guitar.  
Reading tabs, bar chords, power chords, licks, riffs, solos, finger style and the theory you'll actually use.
- Each student will receive an online weekly lesson summary to ensure we move forward each week and for the keen ones to learn as much as they can from home.

Contact For Enquiries -  
Kaelan Hercus  
0450 299 345  
rosie\_muso@outlook.com



## Carer Camino Wellbeing Walking Retreat



**Tuesday 29th October to Friday 1st November 2024**

Would you like to take some time out to refresh and boost your wellbeing?

Join us for this Carer Camino as we walk the Great Southern Rail Trail from Fish Creek to Port Welshpool over 4 days / 3 nights.

Starting at the Fish Creek Hotel, we will walk 40 km to finish on the jetty at Port Welshpool, walking an average of 10 - 12 km each day (there is a bus available for those who require a pick up along the way).

Morning meditation sessions and afternoon wellbeing workshops will be facilitated. Each person will develop a Wellbeing Plan with simple strategies to care for your wellbeing when you are back at home.

Accommodation will be provided in Foster at the Prom Country Lodge, and meals at local venues.

The Carer Camino is open to carers who live in Gippsland and care for a person who meets the Disability Services Act 1986 eligibility criteria.

**Accommodation and food are included at no cost.**

**Interested?** Give us a call on **1300 736 765** or email us at **admin@icg.asn.au**

**Places finalised by Friday 20th September 2024**

**Woolworths net set GO**

# COME & PLAY!

Netball Australia's  
Official Introductory Program

**Woolworths NetSetGO Centre:**  
Lakes Entrance Netball Association

**Session Day & Time:**  
Wednesday 4:00pm - 5:00pm

**Location:**  
Lakes Entrance Recreation Reserve - Netball Courts on Rowe Street

**Contact:**  
lakesentranoena@gmail.com Find the link to register on the fb page or scan the QR code.

**Further Information:**  
<https://netball.com.au/netsetgo> Coordinator: Janet Parker 0430480405  
Term 3 Net-Set-Go program starts Wednesday 17th July.

**Woolworths NetSetGO**

**AFL** **superkick** **AFL PLAY**

# FIND YOUR FOOTY

Learn through skills and tackle-free, match-based sessions.

## WY YUNG & SURROUNDS SUPERKICK CENTRE

Wy Yung FNC Back Oval  
Thursdays 4:30pm - 5:30pm  
Starts August 15th

[play.afl/superkick](https://play.afl/superkick)