St Brendan's Primary School 1581

40 Golf Links Road, Lakes Entrance 3909 Ph: 03-51552712 Fax 03-51554565

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Internet Banking: BSB 083 879 A/C 695096861 Account Name: St Brendan's School Newsletter No 24

August 9, 2024



We would like to acknowledge the Traditional Custodians of the land on which we gather today, the Gunaikumai people. We pay our respects to their elders past, present and emerging. We extend that respect to all people. We would especially like to acknowledge the land on which our school stands and ask everyone to show respect to the environment and all that it includes.







Thank you for helping making our Book Fair a huge success.

The School would like to thank you for the generous support towards our book fair.

A Scholastic Book Fair is a unique and rewarding experience and is the best way to support your school reading program and acquire much-needed resources for your school. The school receives a commission from the sales and this year we sold \$4,400.00 worth of books. This entitles the school to a commission rate of 30%. The school has received \$1,317.65 to spend on new books and resources.

Please know how much you've helped our students and how much we all appreciate all you support.



BOOK WEEK

Dress Up Day and Parade

When: Monday, 19th August

Time: 9.10am

Where: Mary MacKillop Hall

Every year we hold a Book Week character parade to celebrate Children's Book Week. Students dress up as book character for the day. Costumes don't need to be elaborate and you are not expected to go and purchase new outfits – in the past years, simple costumes have often been the stand out. Please consider safety and comfort in creating outfits. Appropriate footwear is a must.



		Dates for the Calendar	
Term 3	AUGUST 2024		
Week 5	Veek 5 Tuesday 13th 9.10am Class Prayer Year 2		
	Friday 16th	Year 2 Buchan Caves Excursion 9.10am Class Mass Year 3 Blue & Year 3/4 Red 2.30pm Assembly: Year 5 Blue	
Week 6	Monday 19th	BOOK WEEK PARADE	
	Tuesday 20th	9.10am Class Mass Foundation BOOK WEEK - 2nd hand Book Shop	Kids**
	Wednesday 21st	Kids Roar	R ₂ 1
	Thursday 22nd	Kids Roar	Personal Safety 4 Kids
	Friday 23rd	9.45am Nursing Home visits Calvary Year 6R/Opal VicSpell Competition—Zone 6.00pm Confirmation	Year 6B
Week 7 Monday 26th Andrew Chinn workshops		Andrew Chinn workshops	
	Tuesday 27th	9.10am Class Prayer Year 1 Father's Day Stall	
	Wednesday 28th	Father's Day Stall	
	Friday 30th	Father's Day Breakfast 9.45am Nursing Home visits Calvary Year 3B/Opal Year 3/4R	
	SEPTEMBER 2024		
	Sunday 1st	Father's Day	
Week 8	Monday 2nd	Division Athletics	
	Tuesday 3rd	9.10am Class Prayer Year 6	
	Friday 6th	9.10am Class Mass Year 4/5 Red & Year 5 Blue 2.30pm Assembly: Foundation	
Week 9	Friday 13th	9.45am Nursing Home visits Calvary Year 1B/Opal \ 11.30am Foundation Pet Safety Incursion 3.15pm -4.30pm Working B	Year 1R
Week 10	Friday 20th	The Big Picnic 9.10am Whole School Prayer 1.30pm GHC Assembly: Year 4/5 Red 2.15pm Term 3 Ends	

St Brendan's & St Colman's Catholic Church - Mass Times

5.00pm

9.00am

11.00am

3.00pm

Sat 10th Aug St Brendan's 9.30am Lakes Entrance Sun 11th Aug St Brendan's **Lakes Entrance** 9.00am Orbost 11.00am St Colman's Tues 13th Aug St Brendan's NO MASS Yr 2 Class Prayer in Classroom 9.10am All welcome Wed 14th Aug St Colman's NO MASS Fri 16th Aug St Brendan's School Class Mass Yr 3 Blue & Yr 3/4 Red in the Church all welcome 9.10am Sat 17th Aug St Dymphna's Buchan 9.00am

Swan Reach

Mallacoota

Orbost

Lakes Entrance

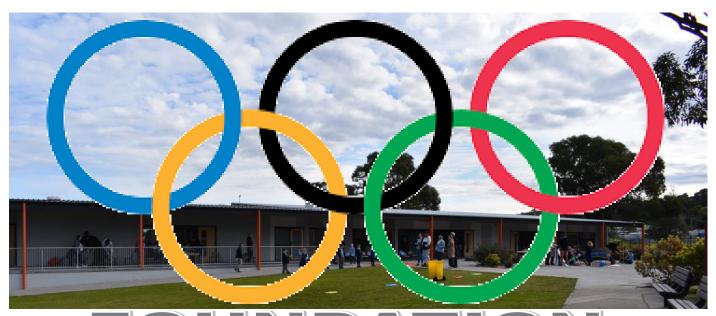
St Joseph's

St Brendan's

St Colman's

Sun 18th Aug





FOUNDATION

SPUD OLYMPICS















The Foundation students had a fantastic time participating in their 2024 Spud Olympics on Monday. At each event, the students created and constructed designs, consisting of catapults, ramps, webs and carrying devices to win challenges and races. It was wonderful to see so many parents at our event. A special congratulations to Kaison's dad, Thomas, for taking out the GOLD medal for the parents Egg and Spoon race.

































































A very special visit from ...

Bishop Greg Bennet

St. Brendan's CPS: Wednesday August 7th, 2024 Term 3, Week 4



On Wednesday afternoon, Bishop Greg visited our school and went to all the classrooms to see what we were learning.

The Bishop asked us questions about our work, what we like to do at school. He was friendly and complemented our beautiful school and church.

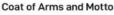
Bishop Greg will be celebrating our Mass for Saint Mary MacKillop on Friday. We are looking forward to seeing him again at Mass.

By Leo and Benny











District Athletics

On Wednesday, the 7th of August, students represented St Brendan's for district athletics. This event happened in Bairnsdale at Howitt Park. Everyone got to school with lots of energy before we all hopped onto the bus at 8:50am. Some of the events people competed in were; hurdles, 1500, 800m, 200m, 100m, long jump, triple jump, high jump, shot put, discuss and relay. The first event was at 10am, which was hurdles. Everyone had lots of fun with their friends and achieved many personal bests. Some people will be competing in division after they made it in an event. Thank you to Mr Bates and Ms H for helping run the event and Ms Bromilow and Dan for watching us throughout the day.

By Harry Strong and Berlins Kirwa



































DONE, TEAMS

PERTUSSIS (Whooping cough)



WHAT IS PERTUSSIS?

Pertussis - also known as whooping cough - is a highly contagious disease caused by the bacterium Bordetella pertussis. Whooping cough is spread by coughing and sneezing. It can be a lifethreatening infection in babies, especially those under six months of age. Older children and adults who have not received whooping cough vaccination are at risk of infection and often the source of infection in babies. Whooping cough has a characteristic cough, which is followed by a 'whooping' sound. Immunisation is the best way to reduce the risk of whooping cough.

WHAT ARE THE SYMPTOMS OF PERTUSSIS?

- Usually begins with cold like symptoms including a blocked or runny nose, tiredness, mild
- The cough gets worse and uncontrollable coughing episodes can develop. These coughing
 episodes can be followed by vomiting, choking, or taking a big gasping breath which causes
 "whooping" sound. The cough may last up to 3 months even after antibiotic treatment is
 complete and the person is no longer infectious. The cough can be worse at night.
- Some newborns may not cough at all, but they can stop breathing and turn blue. Some babies have difficulties feeding and can choke or gag.
- Older children and adults may just have a cough that lasts for many weeks. They may not

Pertussis is spread when an infected person coughs or sneezes and the bacteria are spread via airborne droplets that other people breathe in. You can also become infected through direct contact with discharges from the nose or throat of an infected person. The time from infection to appearance of symptoms (incubation period) is between six and 20 days

You are more likely to get pertussis if you are in close contact with someone who has the disease. Pertussis often spreads among family members, in schools and in other situations where there is very close contact between people.

WHEN IS PERTUSSIS CONTAGIOUS?

- Pertussis is contagious in the early stage before the coughing spells develop, and for 3 weeks or 21 days after the cough begins or until they have had 5 days of a 10-day course of intibiotics.
- Children with pertussis should not attend school or childcare until 5 days after the start of antibiotic treatment.

PERTUSSIS (Whooping cough)



WHO IS MOST AT RISK OF GETTING PERTUSSIS?

- Babies under 6 months old because they are not fully vaccinated yet this risk period is
- longer if the six-month vaccines are not given on time
- People who have not been vaccinated against pertussis

 People who have not received a pertussis booster vaccine in the past 10 years

 People living in the same house as someone with pertussis

 Pregnant women who become ill with pertussis in their 3rd trimester (particularly during the
- last 3 weeks of pregnancy) are at risk of passing the illness onto their baby after it is born

WHAT HAPPENS IF I CATCH PERTUSSIS?

Pertussis is spreads very easily so people with the disease are required to stay home to reduce the risk of passing it on to others. People are required to stay home for up to 3 weeks from when their coughing started. If they take antibiotic treatments this time can reduce to around 5 days.

Staying home means you need to stay away from other people while you are contagious. You should avoid places such as childcare centres, health services, school, work or anywhere you could risk passing on the disease to others.

If you have pertussis, you can reduce the risk of passing on the disease while you are contagious by:

- Staying away from others, including people you live with where possible Wearing a face mask when around other people or indoors Coughing into your elbow and sneezing into a tissue

- Seeing your GP to promptly start a course of antibiotics
 Regularly washing your hands If there are people in your household at higher risk of
 becoming very unwell from whooping cough, then everyone you live may be provided with

HOW CAN I AVOID GETTING PERTUSSIS?

antibiotics.

Immunisation is the best way to prevent pertussis. Pertussis vaccine is recommended for all babies at six weeks, four months, six months, 18 months and at four years. An adult pertussis booster dose is then given at 12–13 years (in Year 7 at secondary school).

All babies less than six months old are at risk of catching pertussis because they have not completed

Protection against pertussis can last for up to 10 years after a booster dose. A booster dose of adult pertussis vaccine is recommended for all parents of newborns. Grandparents and other carers in contact with children who are less than six months old should also have an adult pertussis booster, even if they have been infected with it in the past. The vaccine takes about 2 weeks for immunity to develop after vaccination.

PERTUSSIS (Whooping cough)



Pregnant women are recommended to have a pertussis vaccine to protect their baby from developing whooping cough in the first few weeks of life. Vaccination is recommended in the third trimester (at 28 to 32 weeks).

All parents should check their child's immunisations are up to date and ask their GP to catch up on any missed doses

IS THE PERTUSSIS VACCINE FREE?

In Victoria, immunisation against pertussis is free for:

- Children at 2 (from 6 weeks), 4 and 6 months of age in the form of a diphtheria, tetanus, pertussis, hepatitis B, polio, and Haemophilus influenzae type b (Hib) vaccine (six-in-one
- Children at 18 months of age in the form of a diphtheria, tetanus, and pertussis vaccine (three-in-one vaccine)
 Children at 4 years of age – in the form of a diphtheria, tetanus, pertussis and polio vaccine
- (four-in-one vaccine)
- Adolescents in Year 7 at secondary school (or age equivalent) adolescents receive a booster dose of diphtheria, tetanus, and pertussis vaccine (three-in-one vaccine). The dose can also be given by a doctor or at a council community immunisation session
- Pregnant women from 20 weeks gestation during every pregnancy, from 20 weeks gestation, pregnant women receive a dose of diphtheria, tetanus, and pertussis vaccine (three-in-one vaccine).

Free catch-up immunisations are also available in Victoria for people who have not been fully

- All people aged up to 19 years; Refugees and other humanitarian entrants aged 20 years and over; and
- Others who may be at risk of severe disease if infected with pertussis

If you are not sure whether you are eligible for immunisation against pertussis that is free of charge, ask your vaccination provider. You can find local immunisation services provided by your local council here: https://portal.cirv.vic.gov.au/communityvaccinationapp

WHAT WILL HAPPEN IF I GET PERTUSSIS? / WHAT IS THE PUBLIC HEALTH RESP

Pertussis is a notifiable condition in Victoria. The Gippsland Region Public Health Unit will be notified of cases within the Gippsland region and all information is confidential. Gippsland Region Public Health Unit is part of the Victorian Public Health Network and uses local knowledge, communitybased relationships and direct engagement to effectively tailor and deliver public health initiatives and respond to incidents and issues within the Gippsland area.

Whooping cough - Better Health Channel



Do you qualify for free home internet?



Our helpful team can check for you. Scan the QR code or call **1800 954 610** for more information.

National Referral Centre (Mon - Fir, 10am - 6pm AEDT). Caliback, webchat, translating and interpreting services available. Visit anglicansist organists dent-internet for more information.

Get back to school ready with the School Student Broadband Initiative

Children who can access online learning at home as part of their education are more likely to engage in classroom activities.

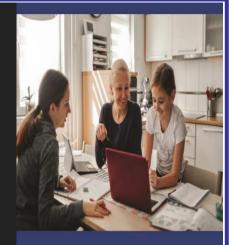
With broadband internet access your family will be able to access fast internet at home, which supports children to build their digital skills, learn how to safely use the internet and participate in a world that is more dependent on digital technology.

There is still time to sign up for the School Student Broadband Initiative (SSBI):

- For any families signing up now, this offer means free internet until 31 December 2025.
- For families who have already connected with SSBI, their free internet will automatically be rolled over until 31 December 2025.

Check your eligibility for free **nbn** broadband until the end of 2025 now:

Contact the National Referral Centre on 1800 954 610 (Mon - Fri, 10am - 6pm AEDT) or visit anglicarevic.org.au/student-internet





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Collecting Students from School Grounds – Child Safety As you would understand, child safety is the number one priority for schools. As circumstances evolve, we want to ensure we have the best possible practice in place. Please note the following requirements for collecting students at the end of the day.

Collecting from the church gate - (New arrangements)

Students in years Foundation, One and Two will remain with their class teacher at the end of the day just outside their classroom. The church gates will be open at 3.15pm, at which time parents are required to enter the school grounds to collect their children from the class teachers. This action is in place to avoid situations where students leave the school grounds and run into the church gate car park area without an adult being present.

Collecting from the administration office

Please enter the gates and collect your child from the junior classroom area or your child from years Three to Six may meet you just inside the gates. Students are not to leave the grounds and cross the car park area without an adult walking with them.

If dropping students off in the morning, you must also walk them into school. Please do not use the disabled parking bay without permission to do so.

Collecting from car line

Typically, St Brendan's staff are there to organize students into cars at the end of the day. If you wish to park and collect your child, please use the crosswalk and an adult must walk with their child/ren. Drop off at the beginning of the day should take place at the bus stop area.

Thank you for your assistance in this matter.

U

Just a reminder that all students should now be in Full Winter Uniform.

Girls - Winter tunic or skirts or navy 'Midford' pants. Navy tights.

F

Boys - Long pants

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Track pants on sports days at the start of the day. Shorts can be worn underneath.

R

Student should bring a jumper to school everyday - don't forget to label your uniform!

St Brendan's Op Shop has second hand school uniform available.

St Brendan's School uniform available \$3.00 per item unless otherwise marked.
Open 10am-3pm Tuesday,
Wednesday & Thursday.



SCHOOL UNIFORM





St Brendan's School Uniform can be ordered online!

Link to website for St Brendan's Uniform below:

https://nicksbairnsdale.com.au/product-category/schoolwear/st-brendans-uniform/

93 Main Street Bairnsdale Victoria 3875

Phone (03) 5152 1333



LIBRARY BAGS

It is a school requirement that <u>all students</u> have a library bag to take home their readers/books.

We have library bags for sale in the office for \$8.00 each. If you can't get to the school office, you may contact the office to have the cost added to your school fees and the bag supplied to your child.



Uniform Reminders



<u>JEWELLERY</u> is restricted to the following - a wrist watch, no more than **one** small matching pair of studs or sleepers in the ear lobe - gold, silver or gemstone, a religious medallion on a chain to be worn under clothing.

Fashion jewellery, make-up and nail polish are not permitted.

<u>HAIR</u> is to be kept neat and tidy at all times. Hair longer than collar length, must be **tied back completely**. This is to help restrict the spread of nits and lice and for student safety. Headband, hair ties, ribbons, scrunchies and clips must be **blue**, **black or brown**.

It is not appropriate for children to come to school with dyed or inappropriate hair styles as deemed by the Principal.



REMINDER: NO SMART WATCHES AND DEVICES AT SCHOOL

Smart watches that allow communication via SMS, email or phone call cannot be worn at school with the same rules applying as with a mobile phone.



At St Brendan's students may only bring mobile phones/devices/ SMART Watches to school if there is a need for them to contact their parents either before arriving at school or in the afternoon after leaving school. Upon arrival at school the phone/ device/ SMART Watch is to be checked in at the school office where it will be turned off and kept securely for the day. It is the child's responsibility to collect the phone/ device/ SMART Watch at the end of the day. Parents with an urgent need to be in contact with their child during the day should contact the school office and appropriate steps will be taken to pass on the message.



St Brendan's Primary School - Lakes Entrance



stbrendanscps_lakesentrance

All users interacting with the St Brendan's Primary School Facebook or Instagram page, by either liking or commenting on posts, must do so using an account that clearly identifies them by their real name.

Users may not use students, teachers or any member of our community's names when commenting on posts. Share or Tag, but don't name.

If you upload photos on social media of school events, be aware of who is in the background. Some parents and caregivers do not want themselves or their children on social media. Thank you for your support.





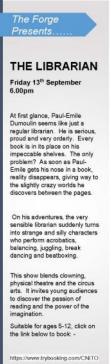
All bike and scooter riders are required to wear a bike helmet in Victoria. Students must wear bike helmets when riding to and from school.

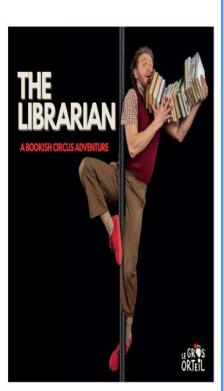
SPORTS SHIRTS

All St Brendan's sports shirts and socks that have been given out to children for school sports, need to be washed and returned to school as soon as possible.

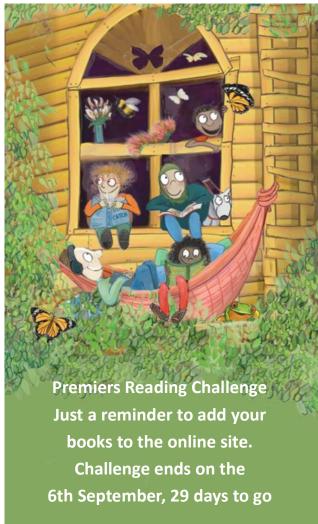
Thank you











BOOK WEEK - Monday 19th August - Friday 23rd August

Second Hand Book Shop

We are having a second hand book stall as one of our book week activities.

If you have any preloved books that you are willing to part with, please send them along to school before the 16th August.

All students will have the opportunity to visit the book shop and bring home a preloved book of their choice.

picture books junior fiction senior fiction non-fiction.





Thanks for buying books from



Book Clubs

they help build our classroom resources



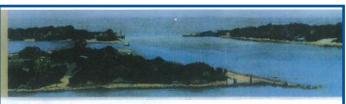


Are you a woman over the age of 18? Would you like to have an amazing impact on the lives of young girls, helping them to develop confidence, self-reliance, learn team building and leadership skills, and have loads of fun in the process? Did you answer 'yes' to both AUSTRALIA questions? Then Lakes **Entrance Girl Guides needs**

The group meets every Monday of the school term at the Lake Tyers Beach Angling Club (opposite Toorloo Arm Primary School) and is seeking someone to support the leaders as they facilitate a diverse weekly program based on the ideas of the girls.

You do not need to have a daughter enrolled in the unit to help out. In fact, if you're a mum of boys it's a great opportunity to hang out with girls for a change! The Guides have loads of laughs at their weekly meetings. Why not join in the fun?

Contact Sue on 0427 281 445 for more details and see how you can become involved.



Friends of the Library Lakes Entrance **Book Review Competition**

Friends of the Library Lakes Entrance

Primary school students (grades 1-6) Secondary students (years 7-12)

- · borrow a book from the Lakes Entrance Library,
- · collect an entry form and
- · write a short review and
- · return the book and review to the Library

All reviews will go into the monthly draw for a gift \$20 voucher for "Lakes Books and Games" store and be displayed in the Library.

ST BRENDAN'S STUDENT LUNCH ORDER

SUSHI ROLLS

Salmon & Avo	\$4	
Avocado	\$4	
Cucumber	\$4	
Tempura Vege	\$4	
Teriyaki Chicken	\$4	
Chicken Katsu	\$4	
Panko Prawn	\$4	
Tuna & Avo	\$4	

SALADS & BOWLS

Salmon Poke Bowl	\$12.5
Tofu & Vege Poke Bowl	\$10
Vege Soba Noodle Salad	\$10

DRINKS

	y Sparkling al Water
	Raspberry,
Water	melon, Mango

Honey Chicken + Fried Rice		
Teriyaki Chicken + Fried Rice	\$10	
Chicken Oyster Stir fry + Fried rice	\$10	

RICE PAPER ROLLS

Tofu	\$9
Lemongrass Chicken	\$9
Pork	\$5
Prawn	\$9
Pork & Brawn	\$0

Lunch Order

ուուուուուուուուուուուուուուուուու ST BRENDANS AFTER SCHOOL - SCHOOL OF ROCK & PRIVATE AFTER SCHOOL GUITAR LESSONS After School Of Rock Program Tuesdays & Wednesdays 3:30pm - 4:30pm \$10 per week - 15 minutes of group bucket drumming (to learn rhythm the fun way!) - 30 minutes of Group Guitar lessons. - Each week comes with a video lesson summary to access from home. - More online lessons for the keen ones to learn as much as they want.

- 15 minutes of Rock and Roll History/knowledge of the bands we're learning.

After School Private Guitar Lessons Tuesdays & Wednesdays 4:45pm - 7:45pm 1:1 - \$30 per 30 minute lesson OR share the lesson with a mate 2:1 - \$15 per mate 30 minute lesson

- Lessons with the number one aim to make you LOVE guitar, prioritizing lessons for St. Brendans kids, siblings, parents and community.

- Learning songs YOU LOVE with a modern hands on approach to the key techniques and components of guitar.

Reading tabs, bar chords, power chords, licks, riffs, solos, finger style and the theory you'll actually use.

Each student will receive an online weekly lesson summary to ensure we move forward each week and for the keen ones to learn as much as they can from home.

Contact For Enquiries -Kaelan Hercus 0450 299 345 rosie muso@outlook.com

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Carer Camino

Wellbeing Walking Retreat



Tuesday 29th October to Friday 1st November 2024

Would you like to take some time out to refresh and boost your wellbeing?

Join us for this Carer Camino as we walk the Great Southern Rail Trail from Fish Creek to Port Welshpool over 4 days / 3 nights.

Starting at the Fish Creek Hotel, we will walk 40 km to finish on the jetty at Port Welshpool, walking an average of 10 - 12 km each day (there is a bus available for those who require a pick up along the way).

Morning meditation sessions and afternoon wellbeing workshops will be facilitated. Each person will develop a Wellbeing Plan with simple strategies to care for your wellbeing when you are back at home.

Accommodation will be provided in Foster at the Prom Country Lodge, and meals at local venues.

The Carer Camino is open to carers who live in Gippsland and care for a person who meets the Disability Services Act 1986 eligibility criteria.

Accommodation and food are included at no cost.

Interested? Give us a call on 1300 736 765 or email us at admin@icg.asn.au

Places finalised by Friday 20th September 2024



