## **St Brendan's Primary School 1581**

#### 40 Golf Links Road, Lakes Entrance 3909 Ph: 03-51552712 Fax 03-51554565

Website : www.lakesent.catholic.edu.au Email : principal@lakesent.catholic.edu.au Internet Banking : BSB 083 879 A/C 695096861

Account Name : St Brendan's School

## Newsletter No 28 September 6, 2024

2024



We would like to acknowledge the Traditional Custodians of the land on which we gather today, the Gunaikurnai people. We pay our respects to their elders past, present and emerging. We extend that respect to all people. We would especially like to acknowledge the land on which our school stands and ask everyone to show respect to the environment and all that it includes.

Good Luck, to the Lakes Entrance Football Netball Club, Under 17 & B Grade Netball, playing in the East Gippsland Grand Final tomorrow.



Please come along and help at our Annual Working Bee. Many hands make light work.

Working Bee Friday, 13 September Time: 3:15pm - 4:30pm



Thank you to those who have already offered assistance.

 Triune God, Creator of all,

 We praise you for your goodness, visible in all the diversity that you have created, making us a cosmic family living in a common home. Through the Earth you created, we experience love and nourishment, home and protection.

 We confess that we do not relate to the Earth as a Mothering gift from you, our Creator. Our selfishness, greed, neglect, and abuse have caused the climate

**SEASON OF** 

CREATION

Mothering gift from you, our Creator. Our selfshness, greed, neglect, and abuse have caused the climate crisis, loss of biodiversity, human suffering as well as the suffering of all our fellow creatures. We confess that we have failed to listen to the groans of the Earth, the groans of all creatures, and the groans of the Spirit of hope and justice that lives within us.

May your Creator Spirit help us in our weakness, so that we may know the redeeming power of Christ and the hope found in him. May the groans of the Spirit birth in us a willingness to serve you faithfully, so that we may hear and heal Creation, to hope and act together with her, so that the firstfruits of hope may biossom.

Loving and Creator God, we pray that you will make us sensitive to these groans and enable us to have the same compassion as that of Jesus, the redeeming Lord. Grant us a fresh vision of our relationship with Earth, and with one another, as creatures that are made in your image.

In the name of the one who came to proclaim the good news to all Creation, Jesus Christ.

SEASON OF

### On Friday, 20 September we celebrate the end of term with our Big Picnic.

### The day begins with our Golden Honour Card Assembly at 9.10am in the Mary MacKillop Hall.

At 10.30am the staff and students will walk down to the Footbridge Rotunda. While there we will have games and enjoy a lunch together at 12.00pm. We leave from the park around 1.15pm to return to school. Students will be in sports uniform. They should have a water bottle, hat, a packed lunch and snack.

## Please be aware that St Brendan's Primary School begins the September holidays at 2.15pm on Friday, 20 September.

Please join us for the celebration. If you wish to take your child home from the rotunda, please notify your child's classroom teacher so that they may mark the attendance roll.

Amen.

		Dates for the Calendar	
Term 3	SEPTEMBER 2024		
Week 9	Monday 9th	10.00am - 2.30pm Division Athletics at Howitt Park	
	Friday 13th	9.45am Nursing Home visits Calvary Year 1B / Opal Year 1R 11.30am Foundation Pet Safety Incursion 3.15pm—4.30pm Working Bee	
Week 10	Friday 20th	The Big Picnic 9.10am GHC Assembly: Year 4/5 Red 2.15pm Term 3 Ends	
Term 4			
Week 1	Monday 7th	9.00am - Term 4 commences	
Victoria 1314 Ch	RCES FOR FAMILIES		
#EveryConve	ersationMatters Diocese of Sole Catholic Education Ltd	Catholic Diocese of Sole Catholic Catholic Education Ltd	



Baby congratulations to the Bates family, Ryder (Year 2) & Sophia (Foundation) on the arrival of their son and brother, "**Logan**".

## St Brendan's & St Colman's Catholic Church - Mass Times

Sat 7th Sept	Rosary @		8.45am	
	St Brendan's	Lakes Entrance	9.30am	
Sun 8th Sept	St Brendan's	Lakes Entrance	9.00am	
	St Colman's	Orbost	11.00am	
		Mallacoota	3.00pm	
Tues 10th Sept	St Brendan's	Lakes Entrance	9.30am	
Wed 11th Sept	St Colman's	Orbost	9.30am	
Fri 13th Sept	Requiem Mass for the repose of the soul of			
	Pauline Somerville	11.00am		
Sat 14th Sept	St Brendan's	Lakes Entrance	9.30am	
	St Joseph's	Swan Reach	5.00pm	
Sun 15th Sept	St Brendan's	Lakes Entrance	9.00pm	
	St Colman's	Orbost	11.00am	



# FATHER'S DAY BREAKFAST



On the 30th of August we had a school Fathers Day Breakfast. We all had a choice between egg and bacon rolls, sausages and fruit. People could choose to wear their footy colours. We had a raffle of many prizes you could choose from.

by Oceanna and Isobel







## FATHER'S DAY BREAKFAST 2024

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A spelling competition run by chers to promote better spelling

May – June · School registration

88888800

A spelling competition run by

une 🖡 School registr

Zone final

OXFORD

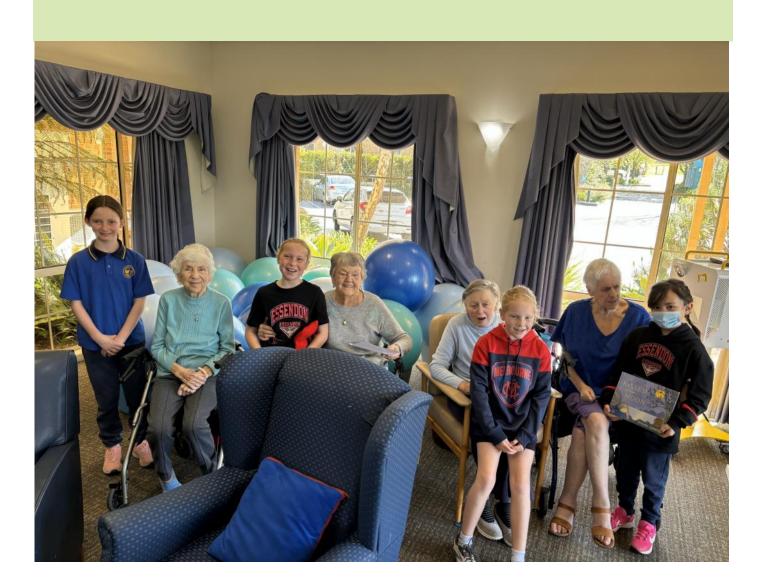
teachers to promote better spel

On the 3rd of September, I went to the Victorian state Vicspell grade 6 Spelling bee. Me and 3 of my family members went to St. Paul's in Traralgon for the state champion spelling bee. I competed with 8 other students, from Cowes, Tulliallan, Sale, Bayles, Traralgon, Guthridge, and Brentwood park. I made it to the final 2, at some point, we both got words correct, correct, incorrect, incorrect. Yohan got satellite incorrect, adding a double 't' instead of double 'L', the sponsors gave me cartilage, and I spelt it correctly, winning! They gave me a glass trophy that read "State Champion" and two dictionaries, one from A-L and the other from M-Z. Our sponsors were Trevor Sowdon, Norman Mclennan, and Patrick from Oxford university. **By Indi Rijs** 

Congratulations Indi

## Grade 3/4 Red Nursing home visit

On the bus on the way to the nursing home we were feeling energetic and excited, we had never been there before with school. When we got there we noticed that the gardens were very colourful and full of flowers. Inside the nursing home we were greeted by Charlie who took us to the residents games room and introduced us to Gwenda, Adeline, Inga, Peta and a few others. We took it in turns talking to them and sharing with them some of our writing pieces. There were games and activities to play with each other and the residents. Some people did painting, bowling, bracelet making and played Jenga. Before we left we sang 'My Lighthouse' to them, they thought our singing was very entertaining. We felt happy after we had left because we thought we had brightened their day by visiting them. We hope we can go again. Elise and Georgia





I met a really nice lady who was a very good swimmer when she was a child. She thinks that she was in the Olympics for freestyle and backstroke. -Lucas Emmet sat next to me on the bus. The whole class was excited to see the elderly - **Julian** 

We visited the aged care, sang them two songs and we shared stories - **Emmet** 

I read my story to a lady and asked her what her favourite football team was, she said Richmond, I liked that. - **Brok** 

We read stories to the residents at the nursing home, I read a poem that I had written. - **Madi** 

Today our class went to the nursing home and met really nice residents and talked to them about their past. - **Harriet** 



I met a lady named Bevelin, she was 86 and barracks for Collingwood, she was kind and kept telling lots of stories to me. She has a son that she told me about. - **Zari** 

I met a person named Adeline and I read my story to her. She told me interesting things about her life and some jokes. I liked spending time with her - **Heaven** 

We sang two Andrew Chin songs to the residents at the Kalimna nursing home. I think that they liked it. - **Matilda** 

We sang two songs to the people at the nursing home to make them happy. - **Harvey**  We saw people at the nursing home and read them stories and gave the stories to them. I also talked to my friends a bit and asked the residents questions. - Daniel



We sang some songs and read our writing to the residents at the nursing home. - Ollie

There were lots of older people at the nursing home and we told stories to them. - **Harry** 

We went to the nursing home to try and make the residents happy, I think that they enjoyed it. - **Brock** 

There is a dining hall at the nursing home just like camp. They have a menu so they can see what they are eating tonight. They have soup, main course and dessert. - **Kobe** 

All of the people in the nursing home were very welcoming and excited to see us. I read to one of the people and they said that I would probably grow up to be an author. - **Kirby** 



Our class went to the nursing home and beautifully sang songs to the residents and staff, I think they liked it. - **Tilly** 

We asked the residents questions and they told us about their lives. It was interesting. - Will

There was a stuffed cat sitting near the fireplace at the nursing home. We read stories to the people and gave them to them to keep. - **Blaise** 

We went to the nursing home this morning and shared our writing with the residents, I let him keep the piece of writing. - **Billie** 

I saw a room with tiles that looked like wood and a floor that looked like wood. The residents were really nice, we talked about what their favourite colour was and things like that. - **Blake** 



For the past two weeks, Grade Six have been learning to show and not tell. We had to describe a character, setting and what they are doing using emotive language. Each person in Grade Six used their imagination to create a paragraph about a girl watching television in a dark room. It has been lots of good fun hearing other people's stories and getting inspiration from them . By Jess

## 6 Red Writing



#### The Sudden Noise by Jess

The sun started to dim from the sky as the afternoon turned to dusk. A young girl was curled up in the corner of her room with her eyes glued onto the horror television show. As she was sitting, the girl heard a sudden thump coming from her room and thought nothing about it. But, the noise happened again so the girl with all her might ran straight to the basement thinking she was safe. She was not. A shiver crawled up her spine while she was sitting next to all the coals gathered up in a pile. One piece of coal came tumbling down the large pile hitting the girl's toe." How did the coal tumble down?" The girl wondered "I certainly did not touch it'. Her head started to be bombarded with thoughts "Was it a ghost?" "Is there wind in the basement?". An hour passed and the girl thought the mysterious noise had gone, but now it was coming from the front door. The girl grabbed a wooden spoon as a weapon and was prepared to fight for her life. Slightly, the door opened with a small creak . The girl looked up and saw a tall man and woman gazing down at her. A couple seconds later the girl realised that it was her parents and that they went out for dinner. They all laughed realising that the noise was nothing but her parents , just trying to unlock the house.

### ALONE NIGHT by Isobel

In the murky room, the sun shined so bright because it was still noon. A girl huddled up in the corner began munching and crunching on her sandwich while watching a scary movie. Just as it got to the scary bit, she heard the rain crashing on the rooftop. Flicker flacker the TV went. BANG the bedroom door slammed shut leaving her in sudden darkness. The girl didn't flinch, and began investigating the noises.

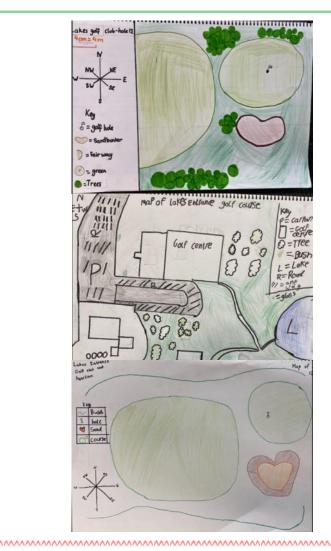
She opened the door with no fear. A slow creepy creek filled her ears, footsteps began thumping upstairs. She felt her hairs lifting. She figured if she stayed hidden whoever was there wouldn't see her. Rushing, she thought of hiding under a blanket but it was no use. Luckily she was very prepared and had a wheelie chair that was perfect to break windows. The glass shattered, and she was just about to jump out when the door suddenly opened. She let out a short and sharp scream causing the person behind the creaky door to jump back and go tumbling down the stairs.

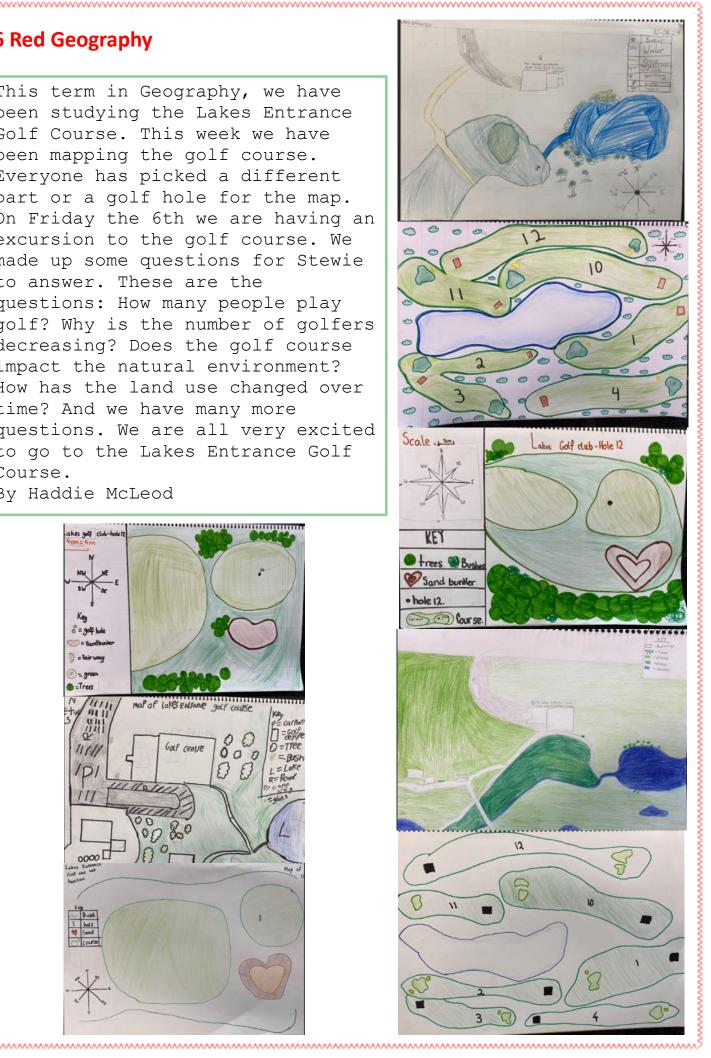
Confused, she didn't know what to do. She continued to find somewhere to go. "12 metres down" she measured. Screaming at the top of her lungs, she jumped down and hurt her leg. She let out an ear splitting cry, she couldn't walk another step. Her eyes widened when she saw the blood gushing out her knee. She tried to run but instead she collapsed down to the ground again.

## 6 Red Geography

This term in Geography, we have been studying the Lakes Entrance Golf Course. This week we have been mapping the golf course. Everyone has picked a different part or a golf hole for the map. On Friday the 6th we are having an excursion to the golf course. We made up some questions for Stewie to answer. These are the questions: How many people play golf? Why is the number of golfers decreasing? Does the golf course impact the natural environment? How has the land use changed over time? And we have many more questions. We are all very excited to go to the Lakes Entrance Golf Course.

By Haddie McLeod





### A SPECIAL REPORT: R U OK?Day

Understanding the growing challenges related to mental health among young people is an important consideration. Anxiety, depression and self-harm - are all causes for concern. Factors like academic pressure, social media, family dynamics, and societal expectations, are contributing to these issues. It's therefore crucial for parents and caregivers to take action early, remove the stigma around discussing mental health, and offer accessible support to address these issues and the wellbeing of their children.

R U OK?Day is an initiative that focuses on preventing suicide by encouraging meaningful personal connections and helping informal support networks to help recognise the signs of distress. We urge all families to take part, emphasising the value of genuine human relationships and reminding everyone to ask the important question, "Are you OK?"

Engaging in R U OK?Day activities goes beyond the classroom; it's a commitment to our students' overall development. By talking openly about mental health, schools create safe spaces where students feel understood, valued, and supported. As parents and caregivers, you can contribute by fostering open conversations, normalising feelings and breaking down mental health stigmas. Participating in R U OK?Day promotes compassion and shows our dedication to the wellbeing of the entire school community, reaffirming that together, we can truly make a difference.

This Special Report provides guidance on how to talk to your child about mental health and engage in meaningful discussions.

We hope you take time to reflect on the information offered in this Special Report, and as always, we welcome your feedback.

If you do have any concerns about the wellbeing of your child, please contact the school for further information or seek medical or professional help.

Here is the link to your special report: <u>https://lakesent.catholic.schooltv.me/wellbeing\_news/special-report-r-u-ok-day</u>





## Do you qualify for free home internet?



Our helpful team can check for you. Scan the QR code or call **1800 954 610** for more information.

### Get back to school ready with the School Student Broadband Initiative

Children who can access online learning at home as part of their education are more likely to engage in classroom activities.

With broadband internet access your family will be able to access fast internet at home, which supports children to build their digital skills, learn how to safely use the internet and participate in a world that is more dependent on digital technology.

There is still time to sign up for the School Student Broadband Initiative (SSBI):

- For any families signing up now, this offer means free internet until 31 December 2025.
- For families who have already connected with SSBI, their free internet will automatically be rolled over until 31 December 2025.

Check your eligibility for free **nbn** broadband until the end of 2025 now:

Contact the National Referral Centre on **1800 954 610** (Mon – Fri, 10am – 6pm AEDT) or visit anglicarevic.org.au/student-internet





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**Collecting Students from School Grounds – Child Safety** As you would understand, child safety is the number one priority for schools. As circumstances evolve, we want to ensure we have the best possible practice in place. Please note the following requirements for collecting students at the end of the day.

## Collecting from the church gate – (New arrangements)

Students in years Foundation, One and Two will remain with their class teacher at the end of the day just outside their classroom. The church gates will be open at 3.15pm, at which time parents are required to enter the school grounds to collect their children from the class teachers. This action is in place to avoid situations where students leave the school grounds and run into the church gate car park area without an adult being present.

### **Collecting from the administration office**

Please enter the gates and collect your child from the junior classroom area or your child from years Three to Six may meet you just inside the gates. Students are not to leave the grounds and cross the car park area without an adult walking with them.

If dropping students off in the morning, you must also walk them into school. Please do not use the disabled parking bay without permission to do so.

### **Collecting from car line**

Typically, St Brendan's staff are there to organize students into cars at the end of the day. If you wish to park and collect your child, please use the crosswalk and an adult must walk with their child/ren. Drop off at the beginning of the day should take place at the bus stop area.

Thank you for your assistance in this matter.



Just a reminder that all students should now be in Full Winter Uniform.

Girls - Winter tunic or skirts or navy 'Midford' pants. Navy tights.



D

**Boys - Long pants** 

Track pants on sports days at the start of the day. Shorts can be worn underneath.

Student should bring a jumper to school everyday - don't forget to label your uniform!

St Brendan's Op Shop has second hand school uniform available.

St Brendan's School uniform available \$3.00 per item unless otherwise marked. Open 10am-3pm Tuesday, Wednesday & Thursday.

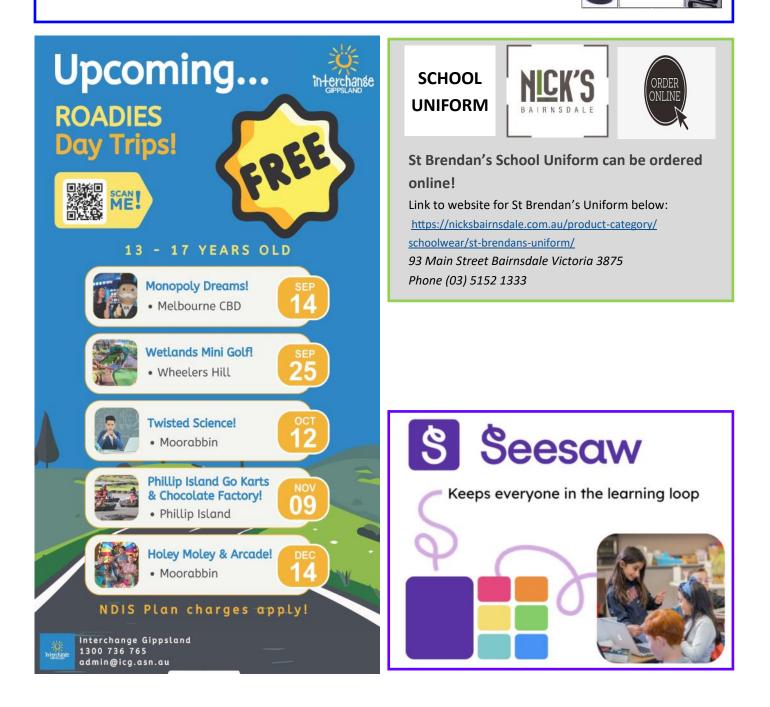


## **Uniform Reminders**

<u>JEWELLERY</u> is restricted to the following - a wrist watch, no more than one small matching pair of studs or sleepers in the ear lobe - gold, silver or gemstone, a religious medallion on a chain to be worn under clothing. Fashion jewellery, make-up and nail polish are not permitted.

<u>HAIR</u> is to be kept neat and tidy at all times. Hair longer than collar length, must be **tied back completely**. This is to help restrict the spread of nits and lice and for student safety. Headband, hair ties, ribbons, scrunchies and clips must be **blue**, **black or brown**.

It is not appropriate for children to come to school with dyed or inappropriate hair styles as deemed by the Principal.







Vacation Care Program September

Holidays 2024

Operating from the Lakes Entrance Primary School (Lambert street access).

PH: 5144 6952 gumnutsoshccoord@gmail.com

#### WEEK ONE

Monday 23rd September: Eastern beach/scavenger hun Again like last holidays we will be traveling to eastern beach via small bus trips, there we will be playing on the playground having lunch and then heading over to the beach to play and have a scavenger hunt. Please bring a cut lunch/change o clothes (just in case, NO swimming), bucket, and spade if wanted

Please be at the service by no later than 10:30am. Cost:\$0pp

#### Tuesday 24th September: Fishing at Apex park

Let's hope the weather holds this time? We will be walking to Apex park via the back streets, we will be attempting to throw in a line along the lake and catch a big one. When we have had enough fishing, we will be able to play on the playground for another option. We will be having a sausage sizzle for lunch, so snacks is all that's needed, Oh! A fishing rod. Please be at the service no later than 10:30am Cost:\$0pp

Wednesday 25<sup>th</sup> September; Water play Hopefully make use of the sunshine we will be enjoying some water based activities, water balloons, water pistols, slip'n'slide, water painting and bubbles. Please bring spare clothes and a towel; we will be getting wet all day (weather permitting). Bring a cut lunch for the day and lots of snacks, we will be nonstop playing. Cost:\$0pp

Thursday 26<sup>th</sup> September: Cinema and all abilities park We will be leaving the service strictly at 10:30am to arrive at the park by 11am, we will enjoy a short play and lunch before we head over to the cinema to watch (TBD). We will enjoy popcorn and a small drink while there and then catch the bus back to the service for small group activities. Please provide a cut lunch for the day and lots of snacks. Cost:\$35pp

Friday 27th September: Public Holiday

#### WEEK TWO

#### Monday 30th September: Cooking

At the children's request, we will be cooking up a storm today, Cakes, slices and ice cream. We will remain at the service and enjoy some small group activities while we cook.

Please bring a cut lunch today. Cost:\$0pp

#### Tuesday 1st October: Aquadome/ Aquarun

One of our favourite school holiday activities, racing along the Aquarun! We will be leaving the service at approximately 12.00pm for a 1pm start on the Aquarun, we will spend a couple of hours swimming then return to the service to relax for the afternoon. Please provide a cut lunch and many snacks for the day. Cost:\$10pp

#### Wednesday 2nd October: Craft day

We will be getting crafty again, per the children's request we will be doing everything crafty, Beading, paint pens, slime and anything else they come up with!. We will be providing lunch today (salad rolls) Cost:\$10pp

Thursday 3<sup>rd</sup> October: Colour run We will be participating in our own colour run, making our own safe powder from scratch to throw at each other after a run around the oval and participating in-group sporting games. Please wear clothing you don't mind if it gets dirty, white if possible? We will be having hot chips for lunch on the oval. Cost:\$0pp

#### Friday 4th October: Mini Golf

We will be walking along the back street to the Esplanade mini golf, there we will participate in small group games of mini golf. Awards on the day. Please provide a cut lunch for the day. Please be at the service no later than 10:30. Cost:\$10pp

#### PLEASE NOTE:

During the program children, participate in spontaneous and planned cooking experiences, which may include light lunch servings or afternoon tea items. On these days, children will still need to bring their own lunch and enough food to last the whole day.

PLEASE NOTE: If your child does not attend on a day they have been booked in, you will still be charged for the day unless 48hours notice is given for a cancellation. Not including excursion fees

This program is subject to change depending on the following circumstances: Weather conditions, code red weather, numbers of children and availability of extra-curricular activities. Prices for excursions may also change. Staff will notify you of any changes

To book a place for your child in our Vacation Care program, please contact our office on 5144 6952

If you need to contact the Vacation Care directly, we can be contacted on

> 0493 364 179 Alternatively, please contact us via email at: gumnutsoshccoord@gmail.com



#### Join Woolworths Cricket Blast

Designed for kids to learn skills, exercise, and make friends.

Metung Swan Reach Cricket Club invite all 4-9 year olds to join our Blasters program. Our sessions take place at 9.30am Saturday mornings from 12th October until 30th November.

Please contact Mark for more information on 0408088587 or metungswanreachcc@outlook.com

#### **SIGN UP TODAY!**

Q Play Cricket



74.2

## JUNIOR PATHWAY



From Woolworths Cricket Blast through the Junior Cricket stage, all kids can advance their skills and discover how awesome it is to be part of a team through fun game.based activities. The stages have been developed based on academic research, testing and community feedback. This includes consideration for physical, mental and emotional development. Participation and progression through the stage is based on ability level, therefore the ages are indicative only. Players are encouraged to participate at a stage appropriate for them.



## MORE RUNS MORE WICKETS MORE FUN!

Get involved in all the junior cricket action at your local club this summer.

Metung Swan Reach Cricket Club invite all kids aged 10-16 to come and join our Junior Cricket Academy. Training starts on Wednesday 2nd October with games for U13's on Friday evenings and U16's on Saturday mornings.

For more information call Peter on 0429 442 285 or email metungswanreachcc@outlook.com

## SIGN UP TODAY!



### LAKES ENTRANCE CRICKET CLUB

JUNIOR CRICKET PATHWAY



Start your cricket journey at YOUR local club!

### **REGISTRATIONS ARE NOW OPEN**

- Under 13 Competition Cricket
- Woolworths Cricket Blast



METUNG BLOODHOUNDS FUNDRAISER FOR THE METUNG FIRE BRIGADE

> Racks and Racks of: Good Quality Pre-Loved and New Women's and Men's Clothing Shoes, Bags & Accessories, Evening Wear, Sports Wear, Retro and Top End Fashion Labels

SATURDAY 14TH SEPTEMBER 2024 - 10AM TO 4PM

SUNDAY 15 SEPTEMBER 2024 - 10AM TO 4PM

ST JOHN'S CHURCH HALL, STIRLING ROAD, METUNG, 3904



GOOD QUALITY CLOTHES AT BARGAIN BASEMENT PRICES!!



Friends of the Library Lakes Entrance Book Review Competition

#### Friends of the Library Lakes Entrance

#### invite

Primary school students (grades 1-6)

Secondary students (years 7-12)

#### to

- borrow a book from the Lakes Entrance Library,
- collect an entry form and
- write a short review and
- return the book and review to the Library

All reviews will go into the monthly draw for a gift \$20 voucher for "Lakes Books and Games" store and be displayed in the Library.



### THE LIBRARIAN

Friday 13<sup>th</sup> September 6.00pm

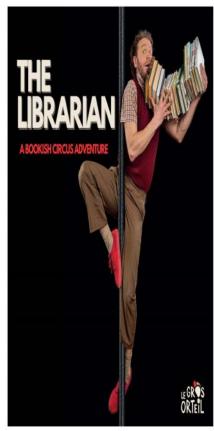
At first glance, Paul-Emile Dumoulin seems like just a regular librarian. He is serious, proud and very orderly. Every book is in its place on his impeccable shelves. The only problem? As soon as Paul-Emile gets his nose in a book, reality disappears, giving way to the slightly crazy worlds he discovers between the pages.

On his adventures, the very sensible librarian suddenly turns into strange and silly characters who perform acrobatics, balancing, juggling, break dancing and beatboxing.

This show blends clowning, physical theatre and the circus arts. It invites young audiences to discover the passion of reading and the power of the imagination.

Suitable for ages 5-12, click on the link below to book: -

https://www.trybooking.com/CNITO



#### ST BRENDAN'S STUDENT LUNCH ORDER

#### SUSHI ROLLS

Salmon & Avo	\$4
Avocado	\$4
Cucumber	\$4
Tempura Vege	\$4
Teriyaki Chicken	\$4
Chicken Katsu	\$4
Panko Prawn	\$4
Tuna & Avo	\$4

#### SALADS & BOWLS

\$12.5
\$10
\$10

#### DRINKS

Lightly Sparkling \$3 Mineral Water Lime, Raspberry, Watermelon, Mango,



#### HOT FOOD

Honey Chicken + Fried Rice	\$10
Teriyaki Chicken + Fried Rice	\$10
Chicken Oyster Stir fry + Fried rice	\$10

#### RICE PAPER ROLLS

(2 roll + sauce)	_
Tofu	\$9
Lemongrass Chicken	\$9
Pork	\$9
Prawn	\$9
Pork & Prawn	\$9

Lunch Order





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## WY YUNG & SURROUNDS SUPERKICK CENTRE

Wy Yung FNC Back Oval Thursdays 4:30pm - 5:30pm Starts August 15th

and tackle-free,

match-based sessions.

play.afl/superkick