## St Brendan's Primary School 1581

40 Golf Links Road, Lakes Entrance 3909 Ph: 03-51552712 Fax 03-51554565

Website: www.lakesent.catholic.edu.au Email: principal@lakesent.catholic.edu.au

Internet Banking: BSB 083 879 A/C 695096861 Account Name: St Brendan's School Newsletter No 37

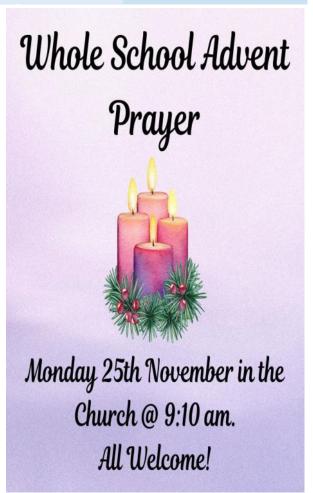
November 22, 2024



We gather on Gunaikurnai Country. We pay our respects to their Elders; past, present and emerging. We also acknowledge the ongoing living culture and connection to Country of all First Peoples.







# Collaborative Conference interviews will take place on

Monday 2nd, Tuesday 3rd and Wednesday 4th December

3.30pm-5.30pm

Our Semester Two Collaborative Conferences will take place in Week Nine of this term. These meetings enable us the opportunity to further inform you about your child's progress. Your child is also able to reflect on their achievements and set goals for the following year. You will also be able to speak with the teacher to reinforce information that will be handed over to your child's teacher for 2025.

This semester, the Collaborative Conferences are <u>optional</u>. If you require a meeting please make your booking through PAM, following the steps provided. Collaborative Conferences are face to face meetings. If for some reason you cannot make the meeting, please inform the office that you require an online meeting.

Parent Teacher Interviews

		Dates for the Calendar
Term 4	NOVEMBER 2024	
Week 8	Monday 25th	3.15pm - 5.00pm Year 1 camp experience
	Tuesday 26th	Nagle Transition Day
	Wednesday 27th	9am-2pm Foundation 2025 Orientation
	Thursday 28th	9.00am - 10.30am Indigenous Morning Tea
	Friday 29th	Year 2 Class Mass 9.45am Nursing Home visits Calvary Foundation Red / Opal Foundation Blue
	DECEMBER 2024	
Week 9	Monday 2nd	Collaborative Conferences
	Tuesday 3rd	Collaborative Conferences
	Wednesday 4th	Collaborative Conferences
	Friday 6th	Whole School Mass—End of Year
Week 10	Tuesday 10th	Year 3 and 4 Fishing Excursion
	Wednesday 11th	School Captain Speeches
	Thursday 12th	House Captain Speeches
	Friday 13th	2.20pm GHC Assembly 4.30 Family BBQ/soccer match
Week 11	Monday 16th	Graduation Mass Orientation Day for new 2025 students
	Tuesday 17th	Last day for students - Happy holidays
	Friday 20th	Last day for staff



A friendly reminder that school fees are now due. Also, families who hold a Health Care Card and receive the concession discount, are required to have their fees paid in full at the end of the year to be considered for this discount next year. Statements will be sent out this week.

School fee statements have been sent out via email. If you haven't received one in your inbox please check your spam folder otherwise please contact the school.

п				
	Saturday 23rd Nov	St. Brendan's	Lakes Entrance	No Mass
	Sunday 24th Nov	St. Brendan's	Lakes Entrance	9.00am
			Baptism—Milito Family.	
		St. Colman's	Orbost	11.00am
		St. Joseph's	Swan Reach	5.00pm
			Vietnamese Mass.	
	Monday 25th Nov	St. Brendan's	Lakes Entrance	9.10am
	Whole School Advent Prayer in Church all welcome.			me.
	Tuesday 26th Nov	St. Brendan's	Lakes Entrance	9.30am
	Wed 27th Nov	St. Colman's	Orbost	9.30am
	Friday 29th Nov	St. Brendan's	Lakes Entrance	9.10am
			Year 2 Mass. All Welcome.	
	Saturday 30th Nov	St. Brendan's	Lakes Entrance	9.30am
		St. Joseph's	Swan Reach	5.00pm
	Sunday 1st Dec	St. Brendan's	Lakes Entrance	9.00am
		Baptism—Haslam Family.		
		St. Colman's	Orbost	11.00am





DURING THE END OF YEAR FAMILY BBQ, STUDENTS FROM FOUNDATION TO YEAR 6
WILL BE PERFORMING A CHRISTMAS CAROLS CONCERT. THEY HAVE BEEN
REHEARSING OFTEN DURING THE TERM WITH CHRIS TAYLOR, OUR SINGING
INSTRUCTOR.

STUDENTS HAVE BEEN ASKED TO WEAR CERTAIN ITEMS TO INCORPORATE THE SPIRIT OF CHRISTMAS. PLEASE SEE THE LIST BELOW FOR YOUR CHILD'S CHOSEN OUTFIT:

### FOUNDATION, YEAR 1, YEAR 2 AND YEAR 3:

PLEASE WEAR ANY INDIVIDUAL OR COMBINATION OF THE COLOURS GREEN, RED AND WHITE. ALSO RECOMMENDED FOR THE FESTIVITIES ARE DECORATIVE CHRISTMAS HEADWEAR PIECES, SUCH AS SANTA HATS, TINSEL, REINDEER EARS.

### YEAR 4, YEAR 5 AND YEAR 6:

PLEASE DRESS TO RESEMBLE A SHEPHERD/WISE MEN. SCARF AND HEADBAND/BATHROBE OR SIMILAR. THERE IS NO NEED TO PURCHASE ITEMS FOR THIS EVENT, PLEASE USE ITEMS FROM HOME.

THE AFTERNOON STARTS AT 4.30PM. IF YOU WOULD LIKE TO ATTEND, CHILDREN WILL NEED TO ARRIVE AT 4.45PM TO FIND THEIR TEACHER AND GET ORGANIZED BEFORE THE CAROLS BEGIN AT 5PM.

### THANKS FOR YOUR ASSISTANCE.



# 2024 PRIMARY TRACK AND FIELD STATE CHAMPIONSHIPS

By Oceanna Greaves and Piper Crawley

On Wednesday 6th of November, Oceanna, Piper and Alexander competed at the Athletics State Championships in Albert Park at the Lakeside Arena in Melbourne. The competition was hard, but we tried our best. Alexander competed in the 9/10 boys 100m hurdles, finishing in 16th position in the State. Oceanna competed in two running events, the 11 year old girls' 800m and 1500m, finishing in 11th position in the State, in both events. Piper competed in the 12/13 girls' shot put, finishing in the 11th position in the State.

**Piper:** I got there at 3:00pm and my event was 3:30pm, but due to the rain and lightning the events were held back, so we had to wait 30mins-1hr. Once the rain finally passed it was my event. The girls there were so kind, but very intimidating at the same time. I threw 8.79m coming 11th, and the winner won at a whopping 11.34 metres.

Oceanna: I got there at 10:00 and my first event was at 11:00am. I ran the 800m first, then I had to wait until 4:00pm but due to the rain and lighting I had to wait until 5:45 pm to race. I got home at 12:30am at night. I met so many kind girls, and had great chats before my races and after it's always a great experience.





# First Reconciliation Sacrament









On Tuesday, 19th of November at 5:30, Ivy O'Donnell, Kobe Bandura, Lucas Rickman and Harry Rebeiro made their Reconciliation at St Brendan's Catholic Church. Their family, friends and teachers supported them throughout the sacrament. All four students appreciated the kind gifts they received. After church, everyone happily celebrated by having a special dinner with their families.



# Screen Time

of Year 6 students (St Brendans 2024)

27.72

Average number of hours year 6 students spend on screens per week 32.2

Average number of hours 6-13 year olds spend on screens per week

Royal Children's Hospital Melbourne. (2021). Australian Child Health Poll No. 7: Children and screen time.

24.49

Average number of hours year 6 girls spend on screens per week

3.5

Average number of hours year 6 girls spend on screens per day

32.85

Average number of hours year 6 boys spend on screens per week

4.7

Average number of hours year 6

The Australian Government Department of Health recommendation of sedentary recreational screen time per day for children and young people aged 5–17 years (not including schoolwork).

# SCREEN TIME CHALLENGE REFLECTIONS

When you told people, outside of school, about the challenge, what was their reaction?

They were shocked and said I wouldn't be able to do it. Chloe- Two hours of screen time group.

My Mum was a bit surprised and she was impressed I was doing it. Lacey- No screen time group.

They were surprised and didn't believe I would complete the challenge and they all decided to join in and see who wouldn't fail and who used screens the least. Sadie- No screen time group (by choice).

When I told my cousins they were surprised and said that it was a worthwhile challenge to take part in. Elan- No screen time group.

## How difficult did you find the challenge? Did anything surprise you?

It was not difficult at all. I had so much fun and I was not that tired.

Grace N- No screen time group (by choice).

Each day I got less tempted to go on screens. I felt happy. Luca- No screen time group.

My sleep was better and I wasn't so tired. Ivy D- No screen time group.

The one thing that surprised me was how fast 2 hours went by. By the end of the challenge I knew how to manage my time so it was much easier.

Leon- Two hours of screen time group.

The challenge was very easy and I was surprised at how easy it actually was. Maddi- No screen group group (by choice).

I found it hard at the end when it was raining and on the long drive to Melbourne. I was surprised how much good sleep I got and how early I woke up, I felt so energised. Isla- No screen time group.

I had a better sleep and was more happy. Brok-No screen time group.

How did your screen time affect other people in your household? For example, did they join with you? Did they go on activities with you?

I found myself in a better mood with my family with less screen time. I think I also spent more time with them. Jess- Two hours of screen time group.

My parents did more activities with me and I was less moody around the house. Kenya- Two hours of screen time group.

My big sister was in the normal screen time group, but to support me, she joined the two hours per day group. Harriet- No screen time group.

My mum did the challenge with me. Zari- No screen time group.

# SCREEN TIME CHALLENGE REFLECTIONS

Do you think you will make any changes to your screen time? Why or why not?

Yes, I think I'll go on it less because I had more energy. Issy- No screen time group.

Yes, because it's not good for your mental health. Cal- No screen time group.

Yes, I had a lot of fun and I want to spend more time with my family. Hazel- No screen time group.

Yes I would. The weekend was more fun than normal weekends. I think I will go into my settings and reduce my screen time. Harper-Two hours of screen time group (by choice).

Yes I will make changes to my screen time because I think I spend too much time on my devices. I will reduce it by 30 minutes. Harrison- No screen time group.

I think I will go on screens less than I do. It felt good off screens. I would turn off notifications. Tilly-Two hours of screen time group.

Is there any activity you did that you will keep doing to replace a screen time activity?

Kayaking, reading, going on walks. Angelina- Normal screen time group.

Yes, I will play with my puppy and do diamond art. Lyra- No screen time group.

Shooting hoops, tubing and trampolining. Harley- No screen time group.

Playing with my brothers is a lot more fun than screens and the beach is fun also. Isla B- No screen time group.

Have a conversation with others in person. Kirby- No screen time group.

Drawing and doing puzzles. Mia- No screen time group.

Playing on my trampoline and dunking the basketball with my brother.

Ollie- Two hours of screen time group.

Play with my new puppy! Blaise- Two hours of screen time group (by choice).

# Would you recommend this challenge to others? Why or why not?

Yes, because I got nicer to my family.
Reide- Two hours of screen time group.

Yes, for people to make changes and realise it's better.

Berlins- Normal screen time group.

Yes I would because if kids use less screen time, they could get better sleep. Indi-Rose- No screen time group.

I would recommend this challenge to others because this challenge can really help you and help you make changes in your life, it might be challenging but it's worth it. Winter- No screen time group.

I would recommend it, so other people know how important it is to have a break from screens. Georgia- No screen time group.

Yes it makes you go outside and play something. Maddox- No screen time group (by choice).

# DESIGN TECH YEAR 6

(written by Sal & Eadie)

In year six we have been diving into our design tech learning space! It has been a busy term for all of us year sixs. It all started off with our problem... We were stuck in the Lakes Entrance with shops, tools, basically nothing and you need to catch some food, but you have to make fishing gear out of natural materials to get your food.

Then we started our plan. We were planning what our prototype would be for our indigenous studies. We spent a lot of time collecting the right materials and designing our posters for our prototypes. It has been a long 7 weeks of the term doing our prototypes, but we are having so much fun all together as a class designing our prototypes and posters.

In these sessions so far we have made a lot of progress. 100% of the class have finished all their posters but mainly 75% of the class is still in their design stage for their prototypes. We have spent a lot of time working on our prototypes this term. Our teachers were very helpful and made slides for us to guide us through the process

Step 1. Define the problem

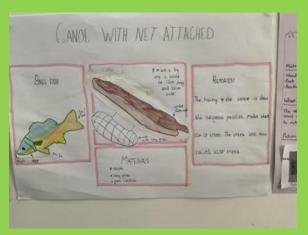
Step 2. Collect info

Step 3. Brainstorm & Analyze

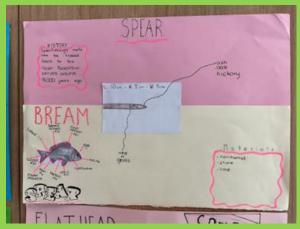
**Step 4. Develop solutions** 

Step 5. Present your ideas to others for feedback

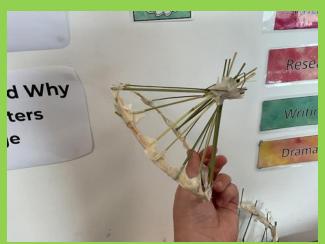
Step 6. Improve your design



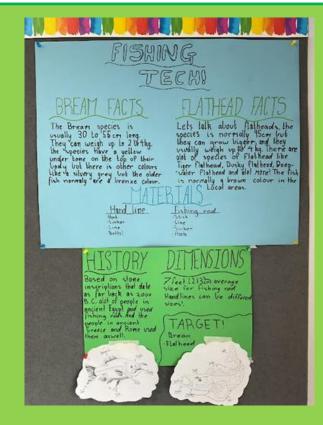
**By Issy Mills** 



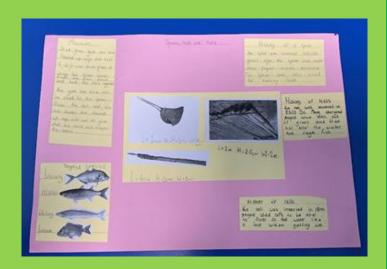
**By Eadie Costigan** 







**By Sal Milito** 

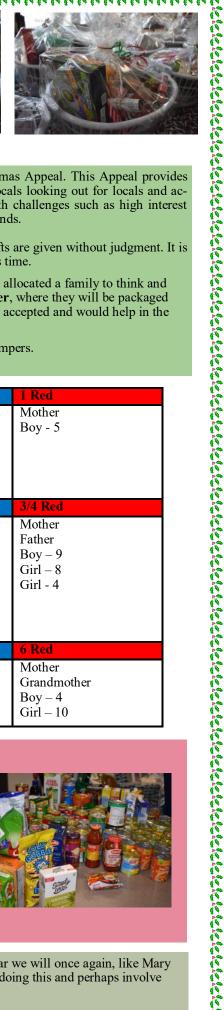


By Lyra Nowel









This year, St Brendan's will continue to support the East Gippsland Community Christmas Appeal. This Appeal provides food hampers and children's gifts to East Gippsland families at Christmas. It is about locals looking out for locals and acknowledging that Christmas can sometimes be a time of financial strain, especially with challenges such as high interest rates. Not all families experience the joy of sharing a Christmas meal with family and friends.

Community Service Agencies refer families to the Christmas Appeal and hampers and gifts are given without judgment. It is an opportunity for the community to work together to share their best wishes at Christmas time.

Over the next few weeks, we will be collecting goods for this appeal. Each class has been allocated a family to think and pray about and to collect a hamper for. All items need to be in by Monday, 2nd December, where they will be packaged ready for pickup. If you would prefer to give a small cash donation, it would be gratefully accepted and would help in the purchase of any missing items.

The Social Justice Student Leaders will be coordinating the collection of goods for the hampers.

Foundation Blue	Foundation Red	1 Blue	1 Red
Mother Father	Mother Stepfather	Grandmother Grandfather	Mother Boy - 5
Girl – 5 Boy – 3 Girl - 2	Boy – 4 Girl – 2 Girl – 4 Boy – 2	Boy - 5	
2 Blue	2 Red	3 Blue	3/4 Red
Mother Boy - 4	Mother Boy - 4	Mother Father Boy - 1 Girl - 5 Girl - 9 Boy - 6 Boy - 11 Boy - 12	Mother Father Boy – 9 Girl – 8 Girl - 4
4/5 Red	5 Blue	6 Blue	6 Red
Mother Boy – 4 Girl – 6 Girl – 8	Mother Boy – 4 Girl – 9 Boy - 15	Grandmother Boy – 14 Girl – 10 Boy - 12	Mother Grandmother Boy – 4 Girl – 10

### Each hamper needs at least one (more for larger families) of the following;

- Christmas cake
- large tin of ham
- tin of peas

- tin of carrots
- tin of potatoes
- Christmas pudding
- custard
- Christmas shortbread
- long-life milk
- potato chips

Christmas chocolates, e.g. chocolate stocking or box of chocolates

3 x extra grocery items, e.g. pasta, rice or soup



St Brendan's has been a strong supporter of this appeal for several years now and this year we will once again, like Mary Mackillop, try to put our faith into action. Please talk to your children about why we are doing this and perhaps involve them in choosing which item to donate. Thank you in anticipation.

Kind regards, Leonie Morrison and the Social Justice Student Leaders.



# Calvary nursing home

### By Kiara

On the 15th of November all of the year fives went on an excursion to see the elderly and what their past was as kids. We also read books and played games with them. The nursing home was in Kalima near the hotel just up the road. All of the fives had an awesome time asking the elderly people about their amazing life before they went into the nursing home. So many of them were really welcoming. Thank you to the workers for letting us have a great time.













# Calvary Nursing Home



### By Sadie



On Friday the 15th of November the year fives paid a visit to the residents at Calvary Nursing Home in Kalimna. While at the nursing home we all sung Rudolph the Red Nosed Reindeer, read them plenty of books like Giraffe in the Bath and Where the Giant Lays his Head. After we read we discussed what life is like in the nursing home and what their childhood was like. We also learnt all about puzzles and room arrangements. We all had a great time entertaining the residents and in the end realised how lucky our school is to have the chance to do all these fun field trips. We hope to visit the nursing home again!















**Collecting Students from School Grounds – Child Safety** As you would understand, child safety is the number one priority for schools. As circumstances evolve, we want to ensure we have the best possible practice in place. Please note the following requirements for collecting students at the end of the day.

# Collecting from the church gate - (New arrangements)

Students in years Foundation, One and Two will remain with their class teacher at the end of the day just outside their classroom. The church gates will be open at 3.15pm, at which time parents are required to enter the school grounds to collect their children from the class teachers. This action is in place to avoid situations where students leave the school grounds and run into the church gate car park area without an adult being present.

### Collecting from the administration office

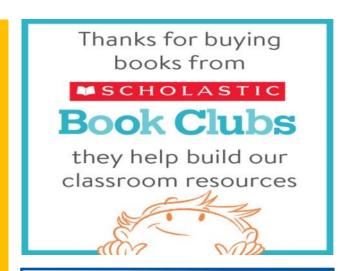
Please enter the gates and collect your child from the junior classroom area or your child from years Three to Six may meet you just inside the gates. Students are not to leave the grounds and cross the car park area without an adult walking with them.

If dropping students off in the morning, you must also walk them into school. Please do not use the disabled parking bay without permission to do so.

### Collecting from car line

Typically, St Brendan's staff are there to organize students into cars at the end of the day. If you wish to park and collect your child, please use the crosswalk and an adult must walk with their child/ren. Drop off at the beginning of the day should take place at the bus stop area.

Thank you for your assistance in this matter.



St Brendan's Op Shop has second hand school uniform available.

St Brendan's School uniform available \$3.00 per item unless otherwise marked.
Open 10am-3pm Tuesday,
Wednesday & Thursday.





## **Uniform Reminders**



<u>JEWELLERY</u> is restricted to the following - a wrist watch, no more than **one** small matching pair of studs or sleepers in the ear lobe - gold, silver or gemstone, a religious medallion on a chain to be worn under clothing.

Fashion jewellery, make-up and nail polish are not permitted.

<u>HAIR</u> is to be kept neat and tidy at all times. Hair longer than collar length, must be **tied back completely**. This is to help restrict the spread of nits and lice and for student safety. Headband, hair ties, ribbons, scrunchies and clips must be **blue**, **black or brown**.

It is not appropriate for children to come to school with dyed or inappropriate hair styles as deemed by the Principal.





### SCHOOL UNIFORM





St Brendan's School Uniform can be ordered online!

Link to website for St Brendan's Uniform below:

https://nicksbairnsdale.com.au/product-category/schoolwear/st-brendans-uniform/

93 Main Street Bairnsdale Victoria 3875 Phone (03) 5152 1333







# Do you qualify for free home internet?



Our helpful team can check for you. Scan the QR code or call **1800 954 610** for more information.

National Referral Centre (Mon - Fir, 10am - 6pm AEDT). Caliback, webchat, translating and interpreting services available. Visit anglicansist organists dent-internet for more information.

### Get back to school ready with the School Student Broadband Initiative

Children who can access online learning at home as part of their education are more likely to engage in classroom activities.

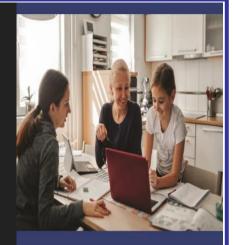
With broadband internet access your family will be able to access fast internet at home, which supports children to build their digital skills, learn how to safely use the internet and participate in a world that is more dependent on digital technology.

There is still time to sign up for the School Student Broadband Initiative (SSBI):

- For any families signing up now, this offer means free internet until 31 December 2025.
- For families who have already connected with SSBI, their free internet will automatically be rolled over until 31 December 2025.

Check your eligibility for free **nbn** broadband until the end of 2025 now:

Contact the National Referral Centre on 1800 954 610 (Mon - Fri, 10am - 6pm AEDT) or visit anglicarevic.org.au/student-internet





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National Referral Centre (Mon - Fri, 10am - 6pm AEDT), Caliback, webchat, translating and interpreting services availal Visit anglicarevic.org.au/student-internet for more information. **Uniform** - Together with The Athlete's Foot, Bairnsdale, we have a new School Rewards Program that is a great fundraising opportunity for St Brendan's. \$5 from every pair of shoes purchased is being donated back to your school. This applies to the whole family across our fantastic range of school, sports, work and casual.

The holidays is a great time to check your child's uniform and purchase new items. A reminder that we will be going into Summer uniform on return to Term 4. Check dress length for girls and make alterations before returning.





### LAKES ENTRANCE CRICKET CLUB

### JUNIOR CRICKET **PATHWAY**



Start your cricket journey at YOUR local club!

### REGISTRATIONS ARE NOW OPEN

- Under 13 Competition Cricket
- Woolworths Cricket Blast









#### Join Woolworths Cricket Blast

Designed for kids to learn skills, exercise, and make friends.

Metung Swan Reach Cricket Club invite all 4-9 year olds to join our Blasters program.

Our sessions take place at 9.30am Saturday mornings from 12th October until 30th Novemb

Please contact Mark for more information on 0408088587 or metungswanreachcc@outlook.com



### SIGN UP TODAY!

Q Play Cricket

PRESENTED BY





FREE | BOOKINGS ESSENTIAL





### Santa Visit For Children With Additional Needs



Join us for a very special visit from Santa!

Santa has taken time out of his very busy schedule and agreed to join us at the library for a talk and maybe a photol

Sensitive Santa is for children and families who would benefit from a low sensory and supported environment.

Children with additional needs are invited to meet Santa in a free private 20-minute session with their families.

ve Santa is supported by Communities for Children East Gippsland. The unities for Children program is funded by the Australian Government tment of Social Services and is facilitated in East Gippsland by Uniting Vic. Tas







**Bairnsdale Library** 

Wednesday 4 December 3.00 pm - 7.00 pm

### **Orbost Service** Centre

1.00 pm - 5.00 pm

### **Bairnsdale Library**

Friday 6 December 10.00 am - 2.00 pm

### **Book Now**

At your library 5152 4225 www.trybooking.com /eventlist/eastgippsla ndshirelibraries Scan the QR code





Friends of the Library Lakes Entrance **Book Review Competition** 

Friends of the Library Lakes Entrance invite

Primary school students (grades 1-6) Secondary students (years 7-12)

- · borrow a book from the Lakes Entrance Library,
- · collect an entry form and
- · write a short review and
- return the book and review to the Library

All reviews will go into the monthly draw for a gift \$20 voucher for "Lakes Books and Games" store and be displayed in the Library.



## The Get Active Kids Voucher Program is now open!

Get in quick as applications only remain open until the allocation is exhausted.

If your family or child has a Health Care Card or Pensioner Concession Card, you may be eligible for up to \$200 to put towards the cost of your child's participation in sport and active recreation activities.

### Important Dates:

- Applications open from 9 October 2024 until the allocation is exhausted.
- Reimbursement expenditure dates: from 1 July 2024 until submission of application
- Vouchers expiry date: Tuesday, 29 April 2025.

The Get Active Kids Voucher Program helps eligible families get their kids involved in organised sport and active recreation activities by providing financial support for the cost of membership and registration fees.

Special consideration also applies for children residing in care services, as well as temporary or provisional visa holders, undocumented migrants, or international students. www.getactive.vic.gov.au/vouchers





#### ST BRENDAN'S STUDENT LUNCH ORDER

### SUSHI ROLLS

Salmon & Avo	\$4
Avocado	\$4
Cucumber	\$4
Tempura Vege	\$4
Teriyaki Chicken	\$4
Chicken Katsu	\$4
Panko Prawn	\$4
Tuna & Avo	\$4

### SALADS & BOWLS

Salmon Poke Bowl	\$12.5
Tofu & Vege Poke Bowl	\$10
Vege Soba Noodle Salad	\$10

### DRINKS

	y Sparkling	
Miner	al Water	
Lime,	Raspberry,	
Water	melon, Mango,	

# ANA VOS

### HOT FOOD

Honey Chicken + Fried Rice	
Teriyaki Chicken + Fried Rice	\$10
Chicken Ovster Stir frv + Fried rice	\$10

### RICE PAPER ROLLS

2 roll + sauce)

Tofu	\$9
Lemongrass Chicken	\$9
Pork	\$9
Prawn	\$9
Dork & Brawn	¢0

